



**WARNING, WAIVER, ASSUMPTION OF RISK AND RELEASE OF LIABILITY**

DATE: \_\_\_\_\_

This is given in consideration of my participation in University and Collegiate NCAA Athletics including any related tryouts. I understand that there are inherent risks and dangers associated with participation in NCAA Athletics.

I further understand that participation and training may involve risks including but not limited to: injury, broken bones, spinal injury, head and brain damage, permanent injury, disabilities and even death.

**RELEASE:**

On behalf of myself and my heirs, I hereby waive, release and discharge any and all claims of damages for death, personal injury or property damage which I may have, or which hereafter accrue to me, against California State University, Sacramento (University) as a result of my participation in University sponsored activities except for those due to related sole active negligence of the University. This release is intended to discharge the University, its trustees, officers, employees, and volunteers, from and against any and all liability arising out of or connected in any way with my participation in **Athletic** Activities, training or practices except for the related sole active negligence of the University. I further understand that accidents and injuries can arise out of participation in Activities, training and/or practices; knowing the risks, nevertheless, I hereby agree to assume those risks and to release and hold harmless all of the persons or agencies mentioned above who might otherwise be liable to me (or my heirs or assigns) for any loss or damages. It is further understood and agreed that this waiver, release and assumption of risk is to be binding on my heirs and assigns.

Releasing Parties expressly waive the provisions of Section 1542 of the California Civil Code, which provides that

“A general release does not extend to claims which the creditor does not know or suspect to exist in his favor at the time of executing the release, which if known by him must have materially affected his settlement with the debtor.”

**ACKNOWLEDGEMENT AND AGREEMENT**

I acknowledge that I have been fully informed of the risks and dangers involved in this activity. I acknowledge that I have read, agree, and fully understand the above Warning, Waiver, Assumption of Risk and Release of Liability.

Participant Name (Print): \_\_\_\_\_ Sport: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Emergency Contact: Name: \_\_\_\_\_ Telephone: (\_\_\_\_) \_\_\_\_\_

Witness : \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian if not 18 Years of Age : \_\_\_\_\_ Date: \_\_\_\_\_

For Questions regarding form use please contact Risk Management at (916) 278-3656