

Emergency Response Plan

Personnel

The responding personnel will vary from venue to venue based on coverage guidelines established by the Sports Medicine staff. Coverage of all the venues on the Sacramento State campus where student-athletes may be present requires cooperation between multiple individuals. All of the following groups are considered an integral part of all or some of the venue specific emergency response plans.

- Certified Athletic Trainers
- Security Personnel
- Coaches
- Administrative Staff
- Strength and Conditioning Staff
- Equipment Personnel

The following emergency response plans have been created to make all of the personnel aware of their specific roles in a medical emergency.

Communication

Each venue specific emergency response plan identifies several ways in which EMS can be contacted and further help can be summoned. Many of the venues have a fixed telephone line that is easily accessible in case of an emergency. For those locations that do not, a cellular phone or walkie-talkie relay system will be used.

NOTE: In the event that a member of the Sports Medicine staff is not on site during an emergency, it is the coach's responsibility to initiate the Emergency Response Plan as outlined in the coverage guideline.

Venue: Yosemite Hall

Emergency Personnel:

- Certified Athletic Trainer is available in Yosemite Hall for all practice and competitions during the traditional season
- Team Physicians (limited basis)
- Additional athletic training staff accessible from the athletic training facility in South or North gyms
- Coaching staff
- Sacramento State Security Personnel for assistance and response.

Emergency Communication: Sports Medicine cellular phone system or fixed telephone lines located in the Yosemite athletic training facility, (916) 278-6150, (916) 278-3563, RED phone access in the main hallway of the building or South Gym Athletic Training Room (916)278-7204.

Emergency Equipment: Portable AED located in Yosemite Hall 193 and emergency equipment upon arrival of Sports Medicine staff or university security.

Emergency Response:

1. Immediate care of the injured or ill student-athlete
2. Emergency equipment retrieval
3. Activation of EMS
 - a. Call Sacramento State University Security at (916) 278-6851, provide dispatcher with name, location, telephone number, number of victims, condition of victims, specific directions to the site including the best building entrance (front, back, or athletic training facility). (see map)

- b. Sports Medicine staff should identify themselves and request that an ambulance is dispatched immediately, otherwise this will not happen until campus security has assessed the situation.
 - c. Contact other members of the Sports Medicine staff if present on campus and further assistance is needed.
4. Directions of EMS to the scene
- a. Available security unit will proceed to the predetermined entrance, and direct EMS to the location. Security will also be responsible for opening any access gates necessary to get to the site.
 - b. Designated individual to “flag down” and direct EMS to the scene.
 - c. Scene Control: limit the scene to emergency responders only, campus security may assist emergency personnel with this task.

Venue Directions: See provided map for best campus and building entrances.

Venue: Field House Athletic Building/ Weightroom

Emergency Personnel:

- Certified Athletic Trainer is available for all practice and competitions during the traditional season
- Team Physicians (limited basis)
- Additional athletic training staff accessible from the athletic training facility in Field House Athletic Training Facility
- Coaching staff
- Sacramento State Security Personnel for assistance and response.

Emergency Communication: Sports Medicine cellular phone system or fixed telephone lines located in the Field House athletic training facility, (916) 278-6289, (916) 278-7656, or office phones located in coaches offices.

Emergency Equipment: Emergency equipment upon arrival of Sports Medicine staff or university security.

Emergency Response:

1. Immediate care of the injured or ill student-athlete
2. Emergency equipment retrieval
3. Activation of EMS
 - a. Call Sacramento State University Security at (916) 278-6851, provide dispatcher with name, location, telephone number, number of victims, condition of victims, specific directions to the site including the best building entrance (front, back, or athletic training facility). (see map)
 - b. Sports Medicine staff should identify themselves and request that an ambulance is dispatched immediately, otherwise this will not happen until campus security has assessed the situation.
 - c. Contact other members of the Sports Medicine staff if present on campus and further assistance is needed.
4. Directions of EMS to the scene
 - a. Available security unit will proceed to the predetermined entrance, and direct EMS to the location. Security will also be responsible for opening any access gates necessary to get to the site.
 - b. Designated individual to “flag down” and direct EMS to the scene.
 - c. Scene Control: limit the scene to emergency responders only, campus security may assist emergency personnel with this task.

Venue Directions: See provided map for best campus and building entrances.

Venue: Hornet Baseball Stadium/Practice Track

Emergency Personnel:

- Certified Athletic Trainer is available for all practice and competitions during the traditional season,
- Team Physicians (limited basis),
- Additional athletic training staff accessible from the Field House athletic training facility,
- Coaching staff
- Sacramento State Security Personnel for assistance and response.

Emergency Communication: Sports Medicine cellular phone system or fixed telephone lines located in the Baseball training facility, (916) 278-5409 and the Field House Athletic Training Facility, (916)278-6289 or (916)278-7656.

Emergency Equipment: Emergency equipment upon arrival of Sports Medicine staff or university security.

Emergency Response:

1. Immediate care of the injured or ill student-athlete
2. Emergency equipment retrieval
3. Activation of EMS
 - a. Call Sacramento State University Security at (916) 278-6851, provide dispatcher with name, location, telephone number, number of victims, condition of victims, specific directions to the site including the best building entrance (front, back, or athletic training facility). (see map)
 - b. Sports Medicine staff should identify themselves and request that an ambulance is dispatched immediately, otherwise this will not happen until campus security has assessed the situation.
 - c. Contact other members of the Sports Medicine staff if present on campus and further assistance is needed.
4. Directions of EMS to the scene
 - a. Available security unit will proceed to the predetermined entrance, and direct EMS to the location. Security will also be responsible for opening any access gates necessary to get to the site.
 - b. Designated individual to "flag down" and direct EMS to the scene.
 - c. Scene Control: limit the scene to emergency responders only, campus security may assist emergency personnel with this task.

Venue Directions: See provided map for best campus and building entrances.

Venue: Spanos Athletic Complex

Emergency Personnel:

- Certified Athletic Trainer is available for all practice and competitions during the traditional season
- Team Physicians (limited basis)
- Additional athletic training staff accessible from the Field House athletic training facility
- Coaching staff
- Sacramento State Security Personnel for assistance and response.

Emergency Communication: Sports Medicine cellular phone system or the Field House Athletic Training Facility, (916)278-6289 or (916)278-7656.

Emergency Equipment: Emergency equipment upon arrival of Sports Medicine staff or university security.

Emergency Response:

1. Immediate care of the injured or ill student-student-athlete
2. Emergency equipment retrieval
3. Activation of EMS
 - a. Call Sacramento State University Security at (916) 278-6851, provide dispatcher with name, location, telephone number, number of victims, condition of victims, specific directions to the site including the best building entrance (front, back, or athletic training facility). (see map)
 - b. Sports Medicine staff should identify themselves and request that an ambulance is dispatched immediately, otherwise this will not happen until campus security has assessed the situation.
 - c. Contact other members of the Sports Medicine staff if present on campus and further assistance is needed.
4. Directions of EMS to the scene
 - a. Available security unit will proceed to the predetermined entrance, and direct EMS to the location. Security will also be responsible for opening any access gates necessary to get to the site.
 - b. Designated individual to “flag down” and direct EMS to the scene.
 - c. Scene Control: limit the scene to emergency responders only, campus security may assist emergency personnel with this task.

Venue Directions: See provided map for best campus and building entrances.

Venue: Hornet Softball and Soccer Stadiums

Emergency Personnel:

- Certified Athletic Trainer is available for all practice and competitions during the traditional season, adjacent fields during non-traditional seasons
- Team Physicians (limited basis)
- Additional athletic training staff accessible from the athletic training facility in Yosemite Hall
- Coaching staff
- Sacramento State Security Personnel for assistance and response.

Emergency Communication: Sports Medicine cellular phone system or fixed telephone lines located in the Yosemite athletic training facility, (916) 278-6150, (916) 278-3563, RED phone access in the main hallway of the building or South Athletic Training Room (916)278-7204.

Emergency Equipment: Portable AED located in Yosemite Hall 193 and emergency equipment upon arrival of Sports Medicine staff or university security.

Emergency Response:

1. Immediate care of the injured or ill student-athlete
2. Emergency equipment retrieval
3. Activation of EMS
 - a. Call Sacramento State University Security at (916) 278-6851, provide dispatcher with name, location, telephone number, number of victims, condition of victims, specific directions to the site including the best building entrance (front, back, or athletic training facility). (see map)
 - b. Sports Medicine staff should identify themselves and request that an ambulance is dispatched immediately, otherwise this will not happen until campus security has assessed the situation.

- c. Contact other members of the Sports Medicine staff if present on campus and further assistance is needed.
4. Directions of EMS to the scene
 - a. Available security unit will proceed to the predetermined entrance, and direct EMS to the location. Security will also be responsible for opening any access gates necessary to get to the site.
 - b. Designated individual to “flag down” and direct EMS to the scene.
 - c. Scene Control: limit the scene to emergency responders only, campus security may assist emergency personnel with this task.

Venue Directions: See provided map for best campus and building entrances.

Venue: Off Campus Training/Competition Centers

Aquatic Center/Rio Del Oro Tennis Club/Technique Gymnastics

Emergency Personnel:

- Certified Athletic Trainer on call for all practices. In attendance for all competitions during the traditional season
- Team Physicians (limited basis)
- Additional athletic training staff accessible from the Yosemite athletic training facility
- Coaching staff
- Local Sacramento, City and County Agencies EMS responding.

Emergency Communication: Cellular phone system or fixed telephone lines located at the venue.

Emergency Response:

1. Immediate care of the injured or ill student-student-athlete
2. Emergency equipment retrieval
3. Activation of EMS
 - a. Call 911 - provide dispatcher with name, location, telephone number, number of victims, condition of victims, specific directions to the site including the best building entrance
 - b. Sports Medicine staff or coaching staff should identify themselves and request that an ambulance is dispatched immediately.
 - c. Contact other members of the Sports Medicine staff if present on campus and further assistance is needed.
4. Directions of EMS to the scene
 - a. Available security unit will proceed to the predetermined entrance, and direct EMS to the location. Security will also be responsible for opening any access gates necessary to get to the site.
 - b. Designated individual to “flag down” and direct EMS to the scene.
 - c. Scene Control: limit the scene to emergency responders only.

Venue Directions: See provided map for best campus and building entrances.

Venue: Cross Country Course

Emergency Personnel:

- Certified Athletic Trainer on call for all practices. In attendance for all competitions during the traditional season
- Team Physicians (limited basis)
- Additional athletic training staff accessible from the Yosemite athletic training facility
- Coaching staff

- Local Sacramento, City and County Agencies EMS responding.

Emergency Communication: Cellular phone system or fixed telephone lines located at the venue.

Emergency Response:

1. Immediate care of the injured or ill student-student-athlete
2. Emergency equipment retrieval
3. Activation of EMS
 - a. Call 911 - provide dispatcher with name, location, telephone number, number of victims, condition of victims, specific directions to the site including the best building entrance
 - b. Sports Medicine staff or coaching staff should identify themselves and request that an ambulance is dispatched immediately.
 - c. Contact other members of the Sports Medicine staff if present on campus and further assistance is needed.
4. Directions of EMS to the scene
 - a. Available security unit will proceed to the predetermined entrance, and direct EMS to the location. Security will also be responsible for opening any access gates necessary to get to the site.
 - b. Designated individual to "flag down" and direct EMS to the scene.
 - c. Scene Control: limit the scene to emergency responders only.

Venue Directions: See provided map for best campus and building entrances.