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## General Information

Name	Sacramento State
Location	Sacramento, Calif.
Founded	1947
Enrollment	28,529
Nickname	Hornets
Colors	Green & Gold
Affiliation	NCAA Division I
Conference	Big Sky
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## Team Information

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Press Row Phone	(916) 278-7531
Head Coach	Debby Colberg
Alma Mater, Year	Sacramento State, '70
Record at SAC	799-284 (31 yrs.)
Overall Record	Same
Office Phone	(916) 278-6427
Associate Head Coach	Ruben Volta
Alma Mater, Year	Sacramento State, '93
Assistant Coach	Weidi Zhang
Alma Mater, Year	Shanghai Institute, '66
Volunteer Assistant	Ron Grove
2006 Overall Record	30-6
2006 Big Sky Record	15-1 (1st)
Postseason	Big Sky Tournament Champs NCAA Tournament First Round
Lettermen Returning/Lost	9/4
Starters Returning/Lost	4/2+libero

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## The Coaches

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10	Assoc. Head Coach Ruben Volta
10	Asst. Coach Weidi Zhang

## The Players

12	Rose Burke
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14	Jennifer Ferguson
15	Michelle Franz
16	Lindsay Haupt
17	Desiree Hoyum
18	Melissa Melcher
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**Dec. 13 & 15, 2007**  
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- 1999 Rowing Championships
- 2003 Track & Field Championships
- 2004 Rowing Championships
- 2005 Rowing Championships
- 2005 Track & Field Championships
- 2006 Track & Field Championships
- 2007 Track & Field Championships
- 2007 Volleyball Final Four



## Credits

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**On the cover:** From left to right – senior middle hitter Lindsay Haupt, head coach Debby Colberg, senior middle hitter Michelle Franz and senior outside hitter Jennifer Ferguson.

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# 2007 Season Outlook

Always an exciting brand of volleyball to watch, the 2007 edition of the Sacramento State volleyball squad will give its fans even more reasons to keep a close eye on the winning ways of the Hornets.

The first and most intriguing reason is that longtime head coach Debby Colberg, entering her 32nd season with the Hornets, announced in August that she will retire at the conclusion of this season. Winner of 799 matches, two national titles, 17 conference championships and 15 coach of the year awards, Colberg has been the face of Sacramento State volleyball for 31 years and her teams have almost always been successful – 19 NCAA Tournament appearances and 29 winning seasons.

Secondly, the Hornets will attempt to win their unprecedented 11th consecutive Big Sky Conference championship. Since joining the conference in 1996, Sacramento State has won either the league's regular season and/or tournament championship each of the last 10 years, including eight conference tournament crowns (1997-98, 2000, 2002-06) and seven regular season titles (1997-01, 2005-06).

Third, Sacramento State enters the year with a roster that, according to Colberg, could be the best that she has ever put on the court. Highlighted by the most impressive combination of middle hitters to ever wear the Hornet Green and Gold in seniors **Lindsay Haupt** and **Michelle Franz**, not to mention a three-time all-conference outside hitter in **Missie Stidham** who transferred from Saint Mary's to Sacramento State during the offseason, the Hornets find themselves primed to make a sixth straight and 10th NCAA Tournament appearance in the last 11 years.

"If we stay healthy, this team could be the best we've ever had here at Sacramento State," Colberg said. "The experience, the quality of middles, the addition of a very strong outside in Missie Stidham, and our passing and defense make us a very strong team. We have all the major components with no glaring weaknesses, and I look forward to putting this team on the floor."

A total of nine Hornets return for the 2007 campaign, and that list includes senior team captain **Jennifer Ferguson** who is slated to start at one of the team's outside hitter positions. In addition, the team welcomes back setters **Rose Burke** and **Melissa Melcher**, who combined to effectively run the first 6-2 offense that Colberg has ever employed at Sacramento State. Also returning are outside hitters **Brittany Ferguson** and **Desirée Hoyum**, right-side hitter **Anna Schoener** and defensive specialist **Alexandra Vidal**. Schoener will most likely red-shirt after undergoing offseason shoulder surgery.

The Hornets will have to compensate for two glaring losses from last year's team in outside hitter **Atlee Hubbard** and libero **Kristin Lutes**. Both were all-conference selections in 2006, with Hubbard garnering first team honors and Lutes being named all-Pacific Region not to mention achieving Big Sky Libero of the Year accolades for the third time of her career.

"Both Kristin and Atlee always gave everything in practice and in games, and you don't replace the type of work ethic that Kristin had," Colberg said. "Not only did Atlee bring offensive skills, but combined with Kristin, they were two of our primary passers. That is my biggest concern as far as replacing both players."

Stidham will most likely take Hubbard's starting spot at outside hitter, but the libero and rightside hitter starting positions are up for grabs. That is where the team's recruiting class of six players could come into play. The most likely player to take over for Lutes at libero is freshman **Chelsea Goodsell**, who spent the last nine years playing for club volleyball powerhouse Saddleback Valley.

With Schoener likely to sit out the 2007 season, the rightside hitter spot is wide open with five players all vying for the spot. Returners **Brittany Ferguson** and **Hoyum**, along with freshmen **Whitney Mendivil**, **Cayti Crowton** and **Maddison Thivierge** could each find time on the right side, according to Colberg.

Combining the strength of the returners with the talented incoming class of players, the Hornets should be right back in the thick of things to capture another Big Sky title. Two big reasons for Sacramento State's success over the years has been the team's experience (especially in the big matches) and a defense that is always impressive.

Defensively, the Hornets have been the only team in the nation to rank among the country's top 20 in both blocks and digs per game each of the last two years. Last season, Sacramento State ranked third in blocks (3.59 per game) and 14th in digs (19.37 per game). The Hornets have made a habit over the years of frustrating teams by returning nearly every ball hit their way.

"We put more emphasis on defense than many teams do, and that seems to show every year," Colberg said. "I'm not sure how we dug so many balls last season because I didn't feel like that was our strength."

Experience and stability in the program also continue to be a major factor every year. Success breeds success, according to Colberg, and going into a match expecting to win goes a long way into actually pulling out the victory.

"There have been times when we've had less talent than our opponent, but we find ways to win those matches," Colberg said. "We always seem to come together well as a team and play strong at the end of the season. Our players just have it in their heads that they will not be beat."

"We also continue to get quality kids to come here, and haven't sustained a drop-off in recruiting. We don't have that big star, or that go-to player that will dominate the floor. We have players willing to buy into the system and the team concept. Our players play for the good of the team more than for themselves, and that goes a long way towards establishing a winning tradition."

That could partially explain how the Hornets have reeled off 13 straight seasons with at least 20 victories and 12 straight years of double figure-conference wins, including a 30-6 overall record

and a 15-1 mark in the Big Sky last season. In addition, Sacramento State has won 55 straight regular season home matches against Big Sky competition, a streak which dates all the way back to 1999.

That level of success will have to be continued this season despite facing arguably one of the toughest schedules in recent memory. On the Hornets' schedule this year are matches against six opponents that reached last year's NCAA Tournament, including Santa Clara, Cal Poly, Mississippi, Alabama, UAB and Missouri State.

The Big Sky portion of the schedule will have a different look than in years past as both the second (Portland State) and third place (Eastern Washington) teams in last year's conference standings enter 2007 with new head coaches. Gone are longtime Portland State head coach **Jeff Mozzochi** (who stepped down to be a Vikings assistant) and Eastern Washington head coach **Wade Benson**. Sacramento State and Eastern Washington have faced each other in the Big Sky Tournament championship match seven consecutive years, with the Hornets coming out on top six times during that span.

## MIDDLE HITTERS

Like last season, the strength of this year's Sacramento State team starts with the middle hitter tandem of **Haupt** and **Franz**. In 2006, the pair combined for a .335 hitting percentage to go along with 5.48 kills and 3.30 blocks per game. Actually, both players hit .335 which tied for top hitting percentage marks in the Big Sky last season.

"Together, Michelle and Lindsay are two of the best middles we've ever had here, and they bring very good skill on both the offensive and defensive sides of the net," Colberg said. "When we rotate and the other comes to the front row, we don't lose any level of play. We are very strong in the middle during all rotations of a match because of them."

The more decorated of the bunch over the years has been **Haupt**, who is already a two-time Big Sky Tournament MVP, first team all-conference and Big Sky all-academic selection. Since joining the Hornets as a relatively raw freshman with tremendous athletic ability in 2004, **Haupt** has improved her numbers every year, culminating in 3.07 kills and 1.50 blocks per game last season. She hit at least .348 in 16 of her final 19 matches of the 2006 season while posting double figures in kills a career-best 24 times.

"Lindsay brings so many good attributes to the court, and her ability to block and attack in the front row are obviously very good," Colberg said. "But she also brings this intensity and competitiveness to the court that I really like. She has been, and will continue to be, a force that other teams will have to reckon with."

After transferring from Oregon State prior to her sophomore season (2005), **Franz** has established herself as one of the best blockers in Sacramento State program history. In fact, she ranked fourth in the nation with 1.80 blocks per game last



season, and her 221 blocks were the second-best mark in school single-season history. That doesn't even account for the 2.41 kills per game and .335 hitting percentage she brought on offense despite battling shin splints for a good portion of the year. Over her two-year career with the Hornets, Franz is now hitting .337, the third-best mark in program history.

"Michelle is such a natural blocker in that she is very quick moving along the net, has the ability to get squared up better than most middles, and has great timing and vision," Colberg said. "There is nothing more we can teach Michelle. The only thing we need to worry about is keeping her healthy (shin splints)."

Backing up Franz and Haupt is Thivierge, who Colberg expects will be one of the team's starting middle hitters from 2008-10. Thivierge (pronounced TEE-verge) recently graduated from Oregon's Ashland High School where she was a three-time first team all-conference selection. As a junior in 2005, Thivierge earned third team all-state accolades after helping lead the team to a state championship and a 34-1 record. She was still a first team all-conference selection despite breaking her foot midway through her senior season.

"Maddison is the most natural athlete of this year's incoming players," Colberg said. "Her front row hitting and blocking will help us immediately. She will do things on the court you can't teach, and already has a very good arm swing."

#### OUTSIDE HITTERS

Sacramento State's roster features seven players who could each see time at outside hitter this season. Headlining that list are Jennifer Ferguson and Stidham, as both will more than likely open the year as the team's starting outsiders.

Ferguson has already overcome a back injury that put her volleyball future in doubt and forced her to redshirt the 2004 season. Since that time, however, she has shown no ill effects of the injury, posting 1.70 kills and 3.09 digs per game as a sophomore in 2005, and 1.82 kills and 2.71 digs per game last season. Also in 2006, she played in every match, and in 122 of the team's 123 games. She had seven double-doubles (kills and digs), including five in her last nine matches.

"Jenny does everything in that she can serve, pass and play great defense. She is small, but hits a pretty good ball," Colberg said. "She has a great attitude and is the ultimate team player."

"I am positive she will be a very good team captain and serve as a good extension of us on the court. Jenny is a coach on the floor, she knows the game well, and does a very nice job of giving instruction to her teammates."

Stidham played each of the last three seasons at Saint Mary's where she was a three-time all-league selection in the volleyball rich West Coast Conference. The Fresno, Calif., native was a three-year starter at outside hitter for the Gaels and posted combined totals of 3.26 kills, 3.31 digs, 0.54 blocks and 0.32 aces per game over that stretch. A powerful jump server, Stidham had 12 kills, 24 digs and four blocks in a 3-1 win over Sacramento State in the first round of the 2004 NCAA Tournament.

"Missie will be an outstanding player who brings

very good skill, and we've never had anyone with the quality of jump serve that she possesses," Colberg said. "She brings the whole package in that she hits a good ball, swing blocks well, she'll play good defense and she can pass."

Hoyum, who could be asked to play rightside hitter this season, begins her second season with the Hornets. The sophomore appeared in 19 matches during her freshman year, averaging 0.74 kills and 0.56 digs per game.

"We expect Dez to see a lot of playing time this year," Colberg said. "We will put our best hitters on the court, and if need be, we will put her on the right side to get her in a match."

Brittany Ferguson enters her third season with the Hornets. The Strathmore, Alberta, native has appeared in 34 matches and 53 games during the first two seasons of her career, averaging 0.74 kills over that span. A high flyer with a good wing span, Ferguson can touch 10 feet with her approach jump.

"We played Brittany on the right side during the spring and she showed some promise," Colberg said. "She can also play the left side and I see her in a backup role on either the left or right side."

After appearing in all 36 matches during her freshman season, including seven starts as the team's rightside hitter, Schoener will more than likely redshirt after undergoing surgery on her right (hitting) shoulder. The Placerville, Calif., native averaged 0.97 kills and 0.69 blocks per game in 2006.

Crowton enters her first season with the Hornets after a career at Golden Sierra High School that saw her named to the all-conference team four times. She helped lead the team to four consecutive Golden Empire League championships, including a combined 129-0 league record. In addition, she played for the Gold Cal club that placed 11th at the Junior Nationals in the summer of 2006 and was coached by current Hornet associate head coach Ruben Volta.

A native of Lindon, Utah, Mendivil enters her freshman season with Sacramento State after prepping at Pleasant Grove High School, where she started at three positions (outside, middle and rightside hitter) during her four years of varsity volleyball. She was a first team all-state, all-region and all-Valley selection, team captain and team MVP during her senior season after averaging 2.70 kills, 2.00 digs and 0.90 aces per game.

"Both Cayti and Whitney are very similar in that they can pass and hit well, and possess a good serve," Colberg said. "Once we get Cayti to hit with a little more power and be a bit more assertive, she will be a very nice player. Whitney has a tremendous attitude and is the type of player that will jump off a cliff for you to get a win."

#### SETTERS

For the second straight year, two setters dot the Hornets' roster, and they will again be Burke and Melcher. Together, the two effectively ran the 6-2 offense for a good portion of last season, and that should be the case again in 2007, according to Colberg.

Burke enters her third year with the program after a 2006 season in which she appeared in all 123 games, including 34 starts. The Gainesville, Fla., native averaged 8.87 assists and 2.68 digs

per game. Burke, who was tied for second in the Big Sky with 19 double-doubles (assists and digs), had at least 10 digs in 12 of the final 16 matches of the season, including a career-high 18 in the Big Sky Tournament championship victory over Eastern Washington.

"With two years under her belt, Rose now has a lot of experience and shows good composure," Colberg said. "She has come a long way with her leadership qualities and we were very pleased with her play last season."

Melcher begins her second year with the Hornets after posting 4.60 assists and 1.52 digs per game in 2006 as a freshman. She was third on the Hornets with a .278 hitting percentage and was a Big Sky All-Academic selection with a 3.72 gpa.

"Melissa did a nice job last year as a freshman, and she will come back with that much more confidence this season," Colberg said. "She has good location on her sets, nice hands, she's quick and has a nice demeanor on the court."

#### DEFENSIVE SPECIALIST/LIBERO

Goodsell, Vidal, returning redshirt freshman Chara DeLoney and Solano Junior College transfer Katie Van Der Wende could each see time at defensive specialist and/or libero this season.

Goodsell is the most likely candidate to take over the libero spot vacated by Lutes. A 5-4 freshman from Laguna Niguel, Calif., Goodsell was the starting libero for Saddleback Valley club teams that finished no worse than second at three straight Volleyball Festivals (2004-06). That included a first place finish in 2004.

"Chelsea is a very good libero who will be filling some big shoes (Kristin Lutes)," Colberg said. "We don't want to put too much pressure on her, but she is a very confident player. She is left-handed, has a nice serve and does not get rattled on the floor."

DeLoney returns for her second season after taking a redshirt in 2006. A graduate of Sacramento's Rio Americano High School, DeLoney was a three-time first team all-Capital Athletic League selection (2003-05).

"Chara has worked very hard on her game and has gotten much better with the redshirt year," Colberg said. "We like the improvement she has made, and she has shown the tenacity that will allow her to get better every year."

Van Der Wende played the 2005 and 2006 seasons for Fairfield's Solano Community College. A two-time first team all-Bay Valley Conference selection while also earning league MVP honors as a sophomore in 2006, Van Der Wende set the Solano CC career record for both digs (565) and aces (93).

"Katie is a very good passer and defensive player who can also play at outside hitter," Colberg said. "She is a very smart player with good knowledge of the game and I think I will like having her on the court."

Vidal walked on to the team last season, and appeared in seven matches for the Hornets in 2006. She finished the season with 1.29 digs per game.

"Alex is another player with a great attitude and she has worked very hard for her playing time," Colberg said. "She plays good defense, has nice reflexes and a good serve."



## Roster Breakdown

### By Position

#### Outside Hitters (7)

Cayti Crowton, Brittany Ferguson, Jennifer Ferguson, Desiree Hoyum, Whitney Mendivil, Anna Schoener, Missie Stidham

#### Middle Hitters (3)

Michelle Franz, Lindsay Haupt, Maddison Thivierge

#### Setters (2)

Rose Burke, Melissa Melcher

#### Defensive Specialists/Liberos (4)

Chara DeLoney, Chelsea Goodsell, Katie Van Der Wende, Alexandra Vidal

### By Class

#### Seniors (5)

Jennifer Ferguson, Michelle Franz, Lindsay Haupt, Missie Stidham, Alexandra Vidal

#### Juniors (3)

Rose Burke, Brittany Ferguson, Katie Van Der Wende

#### Sophomores (3)

Desiree Hoyum, Melissa Melcher, Anna Schoener

#### Freshmen (5)

Cayti Crowton, Chara DeLoney, Chelsea Goodsell, Whitney Mendivil, Maddison Thivierge

### By Height

5-2 (2) – Chelsea Goodsell, Alexandra Vidal

5-6 (1) – Katie Van Der Wende

5-7 (1) – Chara DeLoney

5-8 (1) – Rose Burke

5-9 (3) – Jennifer Ferguson, Melissa Melcher, Missie Stidham

5-10 (2) – Cayti Crowton, Brittany Ferguson

5-11 (2) – Anna Schoener, Maddison Thivierge

6-0 (3) – Michelle Franz, Desiree Hoyum, Whitney Mendivil

6-1 (1) – Lindsay Haupt

### Pronunciations

Debby Colberg – COLE-burg

Michelle Franz – FRANZ

Lindsay Haupt – HOWP

Anna Schoener – ANNE-uh SHOW-ner

Missie Stidham – STID-um

Maddison Thivierge – TEE-verge

Katie Van Der Wende – WHEND

Alexandra Vidal – Vi-DOLL

Ruben Volta – VOLE-tuh

Weidi Zhang – way-DEE ZAING

## Numerical

No.	Name	Pos.	Yr.	Ht.	Hometown/Previous School
1	Brittany Ferguson	OH	Jr.	5-10	Strathmore, Alberta/Strathmore HS
2	Missie Stidham	OH	Sr.	5-9	Fresno, Calif./Saint Mary's
3	Cayti Crowton	OH	Fr.	5-10	Garden Valley, Calif./Golden Sierra HS
4	Maddison Thivierge	MH	Fr.	5-11	Ashland, Ore./Ashland HS
5	Rose Burke	S	Jr.	5-8	Gainesville, Fla./Gainesville HS
6	Chelsea Goodsell	LIB	Fr.	5-2	Laguna Niguel, Calif./Dana Hills HS
7	Desiree Hoyum	OH	So.	6-0	Anderson, Calif./West Valley HS
8	Melissa Melcher	S	So.	5-9	Redlands, Calif./Redlands East Valley HS
9	Anna Schoener	OPP	So.	5-11	Placerville, Calif./Union Mine HS
10	Michelle Franz	MH	Sr.	6-0	Carmichael, Calif./Oregon State
11	Jennifer Ferguson	OH	Sr.	5-9	Chico, Calif./Pleasant Valley HS
12	Katie Van Der Wende	DS	Jr.	5-6	Rescue, Calif./Solano JC
13	Whitney Mendivil	OH	Fr.	6-0	Lindon, Utah/Pleasant Grove HS
14	Lindsay Haupt	MH	Sr.	6-1	Etna, Calif./Etna HS
15	Chara DeLoney	DS	Fr.	5-7	Sacramento, Calif./Rio Americano HS
16	Alexandra Vidal	DS	Sr.	5-2	Fairfield, Calif./Napa Valley JC

**Head Coach:** Debby Colberg (32nd Season)

**Associate Head Coach:** Ruben Volta (8th Season)

**Assistant Coach:** Weidi Zhang (21st Season)

**Volunteer Assistant:** Ron Grove (1st Season)

## Alphabetical

No.	Name	Pos.	Yr.	Ht.	Hometown/Previous School
5	Rose Burke	S	Jr.	5-8	Gainesville, Fla./Gainesville HS
3	Cayti Crowton	OH	Fr.	5-10	Garden Valley, Calif./Golden Sierra HS
15	Chara DeLoney	DS	Fr.	5-7	Sacramento, Calif./Rio Americano HS
1	Brittany Ferguson	OH	Jr.	5-10	Strathmore, Alberta/Strathmore HS
11	Jennifer Ferguson	OH	Sr.	5-9	Chico, Calif./Pleasant Valley HS
10	Michelle Franz	MH	Sr.	6-0	Carmichael, Calif./Oregon State
6	Chelsea Goodsell	LIB	Fr.	5-2	Laguna Niguel, Calif./Dana Hills HS
14	Lindsay Haupt	MH	Sr.	6-1	Etna, Calif./Etna HS
7	Desiree Hoyum	OH	So.	6-0	Anderson, Calif./West Valley HS
8	Melissa Melcher	S	So.	5-9	Redlands, Calif./Redlands East Valley HS
13	Whitney Mendivil	OH	Fr.	6-0	Lindon, Utah/Pleasant Grove HS
9	Anna Schoener	OPP	So.	5-11	Placerville, Calif./Union Mine HS
2	Missie Stidham	OH	Sr.	5-9	Fresno, Calif./Saint Mary's
4	Maddison Thivierge	MH	Fr.	5-11	Ashland, Ore./Ashland HS
12	Katie Van Der Wende	DS	Jr.	5-6	Rescue, Calif./Solano JC
16	Alexandra Vidal	DS	Sr.	5-2	Fairfield, Calif./Napa Valley JC