



SACRAMENTO STATE HORNETS

SACRAMENTO STATE WOMEN'S BASKETBALL 2011-12 QUICK FACTS

Women's Basketball Contact: Joe Waltasti • Phone: 916-278-6896 • Email: waltasti@csus.edu

2011-12 SCHEDULE

Date	Opponent	Time (PT)
Nov. 7	DOMINICAN (EXH.)	7:05 PM
Nov. 11	CS FULLERTON	5:05 PM
Nov. 13	at Oklahoma	11:05 AM
Nov. 17	at California	7:05 PM
Nov. 19	LONG BEACH STATE	7:05 PM
Nov. 23	SIU - EDWARDSVILLE	7:05 PM
Nov. 26	EASTERN ILLINOIS	2:05 PM
Dec. 1	FRESNO PACIFIC	7:05 PM
Dec. 4	at UC Davis	2:00 PM
Dec. 8	at Loyola Marymount	7:05 PM
Dec. 11	at UC Irvine	1:00 PM
Dec. 17	at San Francisco	5:05 PM
Dec. 20	CS BAKERSFIELD	7:05 PM
Dec. 22	SANTA CLARA	1:05 PM
Dec. 29	NORTHERN ARIZONA *	7:05 PM
Dec. 31	WEBER STATE *	12:05 PM
Jan. 7	at Northern Colorado *	1:05 PM
Jan. 12	at Eastern Washington *	7:05 PM
Jan. 14	at Idaho State *	1:05 PM
Jan. 19	MONTANA STATE *	7:05 PM
Jan. 21	MONTANA *	2:05 PM
Jan. 26	at Weber State *	6:05 PM
Jan. 28	at Northern Arizona *	6:35 PM
Feb. 2	NORTHERN COLO. *	7:05 PM
Feb. 4	EASTERN WASH. *	2:05 PM
Feb. 9	at Montana *	6:05 PM
Feb. 11	at Montana State *	1:05 PM
Feb. 18	PORTLAND STATE *	1:05 PM
Feb. 23	IDAHO STATE *	7:05 PM
Feb. 25	at Portland State *	1:05 PM
Mar. 8	at Big Sky Tournament	TBA

All CAPS and **bold** for home games

* Big Sky Conference Match



GENERAL

Location	Sacramento, Calif.
Founded	1947
Enrollment	27,033
Nickname	Hornets
Colors	Green & Gold
Home Facility	The Nest
Capacity	1,000
Affiliation	NCAA Division I
Conference	Big Sky
Years in Conference	16th Season
President	Dr. Alexander Gonzalez
Years at Sacramento State	9th Year
Athletics Director	Dr. Terry Wanless
Years at Sacramento State	10th Year
Faculty Athletic Representative	Dr. Steve Perez
Athletics Department Phone	(916) 278-6481
Ticket Office Phone	(916) 278-2222
Press Row Phone	(916) 278-7531

WOMEN'S BASKETBALL STAFF

Head Coach	Jamie Craighead
Alma Mater (Yr.)	Oregon, 2002
Years at Sacramento State	Third Season
Record at Sacramento State (Big Sky)	19-40 (11-21)
Overall Record	Same
Assistant Coach	Bill Baxter
Alma Mater (Yr.)	UC Davis, 1973
Years at Sacramento State	First Season
Assistant Coach	Jourdan Williard
Alma Mater (Yr.)	Sacramento State, 2009
Years at Sacramento State	Second Season
Assistant Coach	Shaquala Williams
Alma Mater (Yr.)	Oregon, 2002
Years at Sacramento State	Second Season
Basketball Office Phone	(916) 278-4533

MEDIA RELATIONS STAFF

Assistant Director (WBB Contact)	Joe Waltasti
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TEAM INFORMATION

2010-11 Overall Record	4-25
2010-11 Big Sky Record	1-15
2010-11 Postseason	None
Letterwinners Returning/Lost	8/3
Starters Returning/Lost	2/3
Redshirts Returning	2
Newcomers	5
Percentage of Scoring Returning	62.3%
Percentage of Rebounding Returning	78.4%
Percentage of Assists Returning	47.3%
Big Sky Conference Championships	None
NCAA Div. I Tournament Appearances	None
Year Program Started/Joined Div. I	1991-92

2010-11 STARTERS RETURNING (2)

No.	Player	Cl.	Pos.	PPG	RPG	APG
24	Kylie Kuhns	Jr.	F	15.9	11.1	3.0
44	Natasha Torgerson	Jr.	C/F	6.8	5.4	0.8

2010-11 STARTERS LOST (3)

No.	Player	Cl.	Pos.	PPG	RPG	APG
1	Tika Koshiyama-Diaz	Sr.	G	8.6	2.3	5.5
3	Sami Field-Polisso	Jr.	G	8.7	2.5	2.0
10	Jasmine Cannady	Sr.	G	9.2	4.2	1.3

2010-11 LETTERWINNERS RETURNING (8)

No.	Player	Cl.	Pos.	PPG	RPG	APG
2	Shanti Smith	So.	F	5.8	2.4	0.2
4	Se'nyce Parrish	So.	G	1.7	1.8	0.4
12	Mallorie Franco	Jr.	F	5.9	4.6	1.4
14	Jordan Kealoha	So.	G	1.2	0.5	0.9
15	Sadie Clements	So.	F	4.2	2.5	0.5
22	Alle Moreno	So.	G	3.1	0.9	0.9
24	Kylie Kuhns	Jr.	F	15.9	11.1	3.0
44	Natasha Torgerson	Jr.	C/F	6.8	5.4	0.8

2010-11 REDSHIRTS RETURNING* (2)

No.	Player	Cl.	Pos.	PPG	RPG	APG
23	Emily Christensen	Sr.	F	14.1	6.9	1.8
34	Megan Kritscher	So.	C/F	1.4	1.2	0.1

* Stats taken from 2009-10 season (Kritscher at UCSB)

ROSTER BREAKDOWN

BY POSITION

Centers (2)

Megan Kritscher, Natasha Torgerson

Forwards (7)

Emily Christensen, Sadie Clements,

Mallorie Franco, Kylie Kuhns,

Liz Mills, Megan Mullings,

Shanti Smith

Guards (6)

Mariah Brown, Takara Burse,

Fantasia Hilliard, Jordan Kealoha,

Alle Moreno, Se'nyce Parrish

BY CLASS

Seniors (1)

Emily Christensen

Juniors (3)

Mallorie Franco, Kylie Kuhns,

Natasha Torgerson

Sophomores (6)

Sadie Clements, Jordan Kealoha,

Megan Kritscher, Alle Moreno,

Se'nyce Parrish, Shanti Smith

Freshmen (5)

Mariah Brown, Takara Burse,

Fantasia Hilliard, Liz Mills,

Megan Mullings

BY STATE

California (8)

Oregon (2)

Arizona (1)

Colorado (1)

Hawai'i (1)

Utah (1)

Washington (1)

PRONUNCIATIONS

Sadie Clements – SAY-dee

Jordan Kealoha – key-UH-low-ha

Kylie Kuhns – COONS

Se'nyce Parrish – SUH-neese

Shanti Smith – Shan-TEE

Natasha Torgerson – Tore-GUR-son

NUMERICAL ROSTER

No.	Name	Pos.	Ht.	Cl.	Exp.	Hometown/Previous School
1	Fantasia Hilliard	G	5-3	Fr.	HS	Sacramento, Calif./Sacramento HS
2	Shanti Smith	F	5-11	So.	1V	Denver, Colo./Highlands Ranch HS
4	Se'nyce Parrish	G	5-8	So.	1V	Clovis, Calif./Clovis West HS
11	Takara Burse	G	5-8	Fr.	HS	East Palo Alto, Calif./Eastside Prep
12	Mallorie Franco	F	5-10	Jr.	2V	Fortuna, Calif./Fortuna Union HS
14	Jordan Kealoha	G	5-4	So.	1V	Honolulu, Hawaii/Mid-Pacific Institute
15	Sadie Clements	F	5-10	So.	1V	Springville, Utah/Springville HS
20	Mariah Brown	G	5-5	Fr.	HS	Stockton, Calif./Modesto Christian HS
22	Alle Moreno	G	5-4	So.	1V	Lodi, Calif./St. Mary's HS
23	Emily Christensen	F	5-11	Sr.	3V	El Dorado Hills, Calif./Oak Ridge HS
24	Kylie Kuhns	F	6-0	Jr.	2V	Salem, Ore./Sprague HS
32	Megan Mullings	F	6-1	Fr.	HS	Glendale, Ariz./Cactus HS
33	Liz Mills	F	5-11	Fr.	HS	Covington, Wash./Kentwood HS
34	Megan Kritscher	C	6-4	So.	TR	Woodland, Calif./UC Santa Barbara
44	Natasha Torgerson	C	6-2	Jr.	2V	Grants Pass, Ore./Grants Pass HS

Head Coach: Jamie Craighead (Third Season)

Assistant Coaches: Bill Baxter (First Season), Jourdan Willard (Second Season), Shaqula Williams (Second Season)

ALPHABETICAL ROSTER

No.	Name	Pos.	Ht.	Cl.	Exp.	Hometown/Previous School
20	Mariah Brown	G	5-5	Fr.	HS	Stockton, Calif./Modesto Christian HS
11	Takara Burse	G	5-8	Fr.	HS	East Palo Alto, Calif./Eastside Prep
23	Emily Christensen	F	5-11	Sr.	3V	El Dorado Hills, Calif./Oak Ridge HS
15	Sadie Clements	F	5-10	So.	1V	Springville, Utah/Springville HS
12	Mallorie Franco	F	5-10	Jr.	2V	Fortuna, Calif./Fortuna Union HS
1	Fantasia Hilliard	G	5-3	Fr.	HS	Sacramento, Calif./Sacramento HS
14	Jordan Kealoha	G	5-4	So.	1V	Honolulu, Hawaii/Mid-Pacific Institute
34	Megan Kritscher	C	6-4	So.	1V	Woodland, Calif./UC Santa Barbara
24	Kylie Kuhns	F	6-0	Jr.	2V	Salem, Ore./Sprague HS
33	Liz Mills	F	5-11	Fr.	HS	Covington, Wash./Kentwood HS
22	Alle Moreno	G	5-4	So.	1V	Lodi, Calif./St. Mary's HS
32	Megan Mullings	F	6-1	Fr.	HS	Glendale, Ariz./Cactus HS
4	Se'nyce Parrish	G	5-8	So.	1V	Clovis, Calif./Clovis West HS
2	Shanti Smith	F	5-11	So.	1V	Denver, Colo./Highlands Ranch HS
44	Natasha Torgerson	C	6-2	Jr.	2V	Grants Pass, Ore./Grants Pass HS

2010-11 SCHEDULE AND RESULTS

Date	Opponent	Time	Date	Opponent	Time	Date	Opponent	Time
11/4	MARITIME (Ex.)	W, 119-54	12/17	SEATTLE	L, 92-82	2/12	* MONTANA STATE	L, 92-79
11/12	at Pacific	L, 94-86	12/19	UC DAVIS	L, 78-55	2/19	* N. COLORADO	L, 78-65
11/14	# FRESNO STATE	L, 120-93	1/6	* at Montana State	L, 106-55	2/24	* at N. Arizona	L, 83-64
11/17	NEVADA	L, 98-72	1/8	* at Montana	L, 78-35	2/26	* at Weber State	L, 81-68
11/22	LOYOLA MARY.	W, 70-69	1/13	* E. WASHINGTON	L, 88-72	3/3	* N. ARIZONA	7:05 PM
11/26	^ vs. CS Bakersfield	L, 97-88	1/15	* IDAHO STATE	L, 76-51	3/5	* WEBER STATE	2:05 PM
11/27	^ vs. Idaho	L, 86-66	1/20	* at N. Colorado	L, 91-59			
11/28	^ at Oregon	L, 110-60	1/22	* at E. Washington	L, 98-70			
12/1	SAN FRANCISCO	W, 106-88	1/27	* at Idaho State	L, 65-63			
12/5	at Santa Clara	W, 78-65	1/29	* PORTLAND STATE	L, 97-73			
12/9	at CS Fullerton	L, 100-76	2/3	* at Portland State	L, 92-74			
12/11	at Boise State	L, 73-68	2/10	* MONTANA	L, 73-64			

ALL CAPS and bold for home games

^ Oregon Invitational (Eugene, Ore.)

* Big Sky Conference games

PLAYERS TO WATCH



**#24
KYLIE KUHN**
Junior
Forward
Salem, Ore.

Kylie Kuhns was an honorable mention all-Big Sky selection, despite leading the conference in rebounding (11.8) and being ranked No. 3 in scoring (15.9), No. 2 in field goal percentage (.497), No. 3 in blocks (1.2 per game), No. 9 in assists (3.0 per game), No. 6 in steals (1.9 per game), No. 9 in assists-to-turnover ratio (1.0 – 88/87) and No. 6 in minutes played (33.4)... moved to No. 1 in the NCAA on Nov. 28 with 11.1 rebounds per game in the very next contest, grabbed a school record 24 boards against San Francisco... finished the season with 13 double-doubles, the most in the conference.



**#23
EMILY CHRISTENSEN**
Senior
Forward
El Dorado Hills, Calif.

Emily Christensen suffered a season-ending knee injury against Pacific in the first game of the season and was awarded a medical hardship redshirt for the year...started 29-of-30 games during the 2009-10 season en route to all-Big Sky honorable mention selection...was second on the team in scoring, averaging 14.1 points per game which ranked fifth in the conference...also ranked in the top-10 in the Big Sky in rebounding (6.8 rpg) and steals (1.6 spg).



**#44
NATASHA TOGERSON**
Junior
Center/Forward
Grants Pass, Ore.

Natasha Torgerson ranked No. 1 on the team, No. 2 in the Big Sky Conference and No. 104 in the NCAA with 1.4 blocks per game as she moved to No. 7 all-time in single-season school history with 42 blocks last year...has transformed her body this offseason, losing weight, and will be expected to play additional minutes this season... had seven blocks against UC Davis, the most in a single-game in the Big Sky last year, which was just one off tying Kristine Knowles' school record eight blocks.

2011-12 SEASON PROSPECTUS

The Sacramento State women's basketball team and head coach Jamie Craighead will look to rebound from a rebuilding season in 2011-12.

Last year the Hornets played six true freshmen and just three upperclassmen as the team endured growing pains en route to a 4-25 season (1-15 Big Sky). Sacramento State's lone conference victory came in the season finale against Weber State with the Hornets collecting a 64-55 home win.

Key in that victory were the double-doubles by then-sophomore forwards **Kylie Kuhns** and **Natasha Torgerson**, who will be back to lead the Hornets in the paint this season.

Kuhns posted one of the most impressive seasons in school history as she ranked in the NCAA's top-10 in rebounding for the entire season. She paced the nation for three weeks and after earning the No. 1 spot in the rebound rankings, Kuhns responded by pulling down a single-game school record 24 boards against San Francisco on Dec. 1. That mark tied the Big Sky Conference single-game record as well.

By the end of the year, Kuhns led the conference in rebounding (11.8) and was ranked No. 3 in scoring (15.9), No. 2 in field goal percentage (.497) and No. 3 in blocks (1.2 per game).

This season the Hornets will once again feature a large group of true freshmen but the young players from a year ago will each have the benefit of another year's experience in Craighead's fast-paced offense.

POINT GUARDS

The competition for the starting point guard role will be the most closely watched position battle during preseason practices. The Hornets graduated last year's starter in Tika Koshiyama-Diaz and will look to an underclassman to fill the role this year. Back is sophomore **Jordan Kealoha**, a walk-on who averaged 7.4 minutes per game a season ago.

But also in the mix are two new faces, freshmen **Fantasia Hilliard** and **Mariah Brown**. Hilliard, the younger sister of standout Hornet running back Brian Hilliard, is a lightning quick lead guard who averaged 12.3 points and 5.3 assists per game last season for a Sacramento HS team that went 28-6. "Fantasia is a true point guard with lots of speed and athletic ability," Craighead said.

Brown was a Six County All Star following her senior season at Modesto Christian HS, which recognizes the top 24 players in the Stanislaus district. "Mariah is a point guard who has a scorer's mentality," Craighead said.

WINGS

The Hornets lost both of their starting wing players from last year - forward Jasmine Cannady and guard Sami Field-Polisso. The competition for their vacated spots will be fierce, especially with senior forward **Emily Christensen** back for her senior season.

Christensen was second on the team in scoring as a junior during the 2009-10 season before injuring her knee in the season opener last year. Christensen, who will play both the three and the four this year, will be the only senior on the roster. Junior forward **Mallorie Franco** played extensively on the wing last season and brings a level of athleticism to the floor.

Also competing for jobs on the outside are sophomore guards **Alle Moreno** and **Se'nyce Parrish** plus sophomore forward **Sadie Clements**. All three played in more than 20 games as true freshmen. Moreno and Parrish will look to fill the vacated deep threat role Field-Polisso played last year.

Also in the mix are freshmen **Takara Burse** and **Liz Mills**. Burse is an extremely athletic shooting guard who can also bang down low. "Takara is a scorer and a very active rebounder who possess great strength," Craighead said. "She is a gym rat and a true competitor."

Mills averaged 13.6 points, 8.3 rebounds and 2.4 blocks as a junior and will play a similar role to Christensen, playing both the wing and post. "Liz has the skills of a guard but fights like an inside player," Craighead said.

POSTS

The post positions of power forward and center will be a major strength for the Hornets this season. With starters Kuhns and Torgerson back and a host of talented players on the roster, Craighead will have enviable depth down low.

After sitting out a season following her transfer from UC Santa Barbara, center **Megan Kritscher** is in line for considerable playing time. Kritscher runs very well for a post and can shoot - two very important qualities for a center in Craighead's offense.

Shanti Smith showcased a wide array of post moves during her freshman season in which she averaged 5.8 points and 2.4 rebounds per game. She will be Kuhn's primary backup this season.

New this year is freshman **Megan Mullings**. "Megan is a tall, lanky athlete who has speed and can jump out of the gym," Craighead said. "She will be great in the press and can definitely run. She is a smart kid who will pick up what we do quickly."