



SACRAMENTO STATE

TRACK & FIELD

2009 INDOOR PERFORMANCE LIST

Ronald Brookins

Meet	Event	Mark	Place
Cougar Indoor (2/1)	60	7.01	Qual
Cougar Indoor (2/1)	60	7.01	2nd
United Heritage Invitational (2/7)	60	7.00	3rd
Big Sky Championships (2/27)	60	6.89	Qual
Big Sky Championships (2/28)	60	6.86	2nd
Cougar Indoor (2/1)	60H	8.03	Qual
Cougar Indoor (2/1)	60H	8.01	3rd
United Heritage Invitational (2/7)	60H	8.00	2nd
Husky Classic (2/14)	60H	7.99	Qual
Husky Classic (2/14)	60H	7.96	2nd
Big Sky Championships (2/27)	60H	8.12	Qual
Big Sky Championships (2/28)	60H	8.20	3rd
United Heritage Invitational (2/7)	200	22.42	9th
Husky Classic (2/14)	200	22.70	
Cougar Indoor (2/1)	U	23-11.75	1st
United Heritage Invitational (2/7)	U	24-11.75	2nd
Husky Classic (2/14)	U	24-09.25	
Big Sky Championships (2/27)	U	25-02.75	1st

Philip Burks

Meet	Event	Mark	Place
United Heritage Invitational (2/7)	U	23-02.75	6th
Husky Classic (2/14)	U	23-04.50	
Big Sky Championships (2/27)	U	23-06.75	4th
Husky Classic (2/14)	TJ	47-09.00	
Big Sky Championships (2/28)	TJ	48-05.25	3rd

Scott Grose

Meet	Event	Mark	Place
Husky Classic (2/14)	Mile	4:17.48	
Big Sky Championships (2/28)	Mile	4:38.10	13th

Alex Harvin

Meet	Event	Mark	Place
Cougar Indoor (2/1)	60	7.24	6th
United Heritage Invitational (2/7)	400	DQ	---
Husky Classic (2/14)	400	51.50	

David Houghton

Meet	Event	Mark	Place
Cougar Indoor (2/1)	200	23.52	6th
United Heritage Invitational (2/7)	200	22.95	14th
Husky Classic (2/14)	200	23.08	
Cougar Indoor (2/1)	U	21-00.75	8th
United Heritage Invitational (2/7)	U	21-06.25	10th
Husky Classic (2/14)	U	21-05.25	
Big Sky Championships (2/27)	U	23-06.25	5th

Jon Jordan

Meet	Event	Mark	Place
Cougar Indoor (2/1)	SP	42-08.25	13th
United Heritage Invitational (2/7)	SP	44-05.50	9th
Husky Classic (2/14)	SP	Foul	---
United Heritage Invitational (2/7)	WT	39-09.25	11th
Husky Classic (2/14)	WT	Foul	---

Terrell Kirtz

Meet	Event	Mark	Place
Cougar Indoor (2/1)	800	1:56.78	5th
United Heritage Invitational (2/7)	800	1:56.24	3rd
Husky Classic (2/14)	800	1:54.29	
Big Sky Championships (2/27)	800	1:58.79	11th

Andrew Lohse

Meet	Event	Mark	Place
Cougar Indoor (2/1)	PV	13-05.25	T12th
United Heritage Invitational (2/7)	PV	14-03.25	T6th
Husky Classic (2/14)	PV	NH	---

Myko Lucas

Meet	Event	Mark	Place
Cougar Indoor (2/1)	800	1:57.39	10th
United Heritage Invitational (2/7)	800	1:57.57	5th
Husky Classic (2/14)	800	1:55.72	

Marcus McMillan

Meet	Event	Mark	Place
Cougar Indoor (2/1)	60	7.33	Qual
Cougar Indoor (2/1)	60	7.32	6th
United Heritage Invitational (2/7)	60	7.35	14th
Husky Classic (2/14)	60	7.34	
Cougar Indoor (2/1)	60H	8.50	Qual
Cougar Indoor (2/1)	60H	8.44	7th
United Heritage Invitational (2/7)	60H	8.43	5th
Husky Classic (2/14)	60H	8.41	
Big Sky Championships (2/27)	60H	8.23	Qual
Big Sky Championships (2/28)	60H	8.15	1st
Cougar Indoor (2/1)	200	23.64	7th
United Heritage Invitational (2/7)	200	22.95	14th
Husky Classic (2/14)	200	22.80	

Cameron Mitchell

Meet	Event	Mark	Place
Cougar Indoor (2/1)	800	1:57.08	6th
United Heritage Invitational (2/7)	800	1:57.76	6th
Husky Classic (2/14)	800	2:01.10	

Jason Nelson

Meet	Event	Mark	Place
Cougar Indoor (2/1)	60	7.02	Qual
Cougar Indoor (2/1)	60	7.07	3rd
United Heritage Invitational (2/7)	60	7.03	4th
Cougar Indoor (2/1)	200	22.57	1st
United Heritage Invitational (2/7)	200	22.35	7th
Husky Classic (2/14)	200	22.35	
Big Sky Championships (2/27)	200	22.10	Qual
Big Sky Championships (2/28)	200	22.20	7th
Cougar Indoor (2/1)	400	50.17	4th
United Heritage Invitational (2/7)	400	50.07	7th
Husky Classic (2/14)	400	48.92	
Big Sky Championships (2/27)	400	48.75	Qual
Big Sky Championships (2/28)	400	48.76	5th



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David Rabinowitz

Meet	Event	Mark	Place
Cougar Indoor (2/1)	800	1:55.33	4th
United Heritage Invitational (2/7)	800	1:53.46	1st
Husky Classic (2/14)	800	1:53.05	
Big Sky Championships (2/27)	800	1:54.29	Qual
Big Sky Championships (2/28)	800	1:55.86	5th

Sam Schur

Meet	Event	Mark	Place
Cougar Indoor (2/1)	60	7.49	HEP
Big Sky Championships (2/27)	60	7.54	HEP
Cougar Indoor (2/1)	60H	8.84	HEP
United Heritage Invitational (2/7)	60H	8.83	8th
Husky Classic (2/14)	60H	8.88	
Big Sky Championships (2/28)	60H	8.84	HEP
Cougar Indoor (2/1)	1000	2:55.35	HEP
Big Sky Championships (2/28)	1000	2:53.23	HEP
Cougar Indoor (2/1)	HJ	5-11.25	HEP
United Heritage Invitational (2/7)	HJ	5-09.25	8th
Big Sky Championships (2/27)	HJ	NH	Hep
Cougar Indoor (2/1)	LJ	21-04.25	HEP
United Heritage Invitational (2/7)	LJ	22-01.00	8th
Husky Classic (2/14)	LJ	22-03.50	
Big Sky Championships (2/27)	LJ	21-07.50	HEP
Cougar Indoor (2/1)	PV	12-09.50	HEP
Big Sky Championships (2/28)	PV	12-11.50	HEP
Cougar Indoor (2/1)	SP	39-00.25	HEP
Big Sky Championships (2/27)	SP	39-07.25	HEP
Cougar Indoor (2/1)	HEP	4,734	3rd
Big Sky Championships (2/27-28)	HEP	4,145	12th

Dominic Vogl

Meet	Event	Mark	Place
Husky Classic (2/14)	3K	8:43.08	
Big Sky Championships (2/27)	5K	15:56.57	12th

Jason Wacker

Meet	Event	Mark	Place
Cougar Indoor (2/1)	SP	44-11.75	11th

Blair Wallingford

Meet	Event	Mark	Place
Cougar Indoor (2/1)	PV	15-05.00	T3rd
United Heritage Invitational (2/7)	PV	15-03.00	3rd
Husky Classic (2/14)	PV	15-07.25	T5th
Big Sky Championships (2/28)	PV	15-11.00	4th

Taylor Weldon

Meet	Event	Mark	Place
United Heritage Invitational (2/7)	SP	48-10.00	4th
Husky Classic (2/14)	SP	45-05.25	
United Heritage Invitational (2/7)	WT	40-07.75	10th
Husky Classic (2/14)	WT	42-03.25	

Andy White

Meet	Event	Mark	Place
United Heritage Invitational (2/7)	60	7.07	5th
Husky Classic (2/14)	60	7.13	
Big Sky Championships (2/27)	60	7.04	9th

Jimmy Williamson

Meet	Event	Mark	Place
Cougar Indoor (2/1)	PV	15-11.00	1st
United Heritage Invitational (2/7)	PV	NH	---
Husky Classic (2/14)	PV	16-01.25	T2nd
Big Sky Championships (2/27)	PV	15-05.00	7th

Matt Williamson

Meet	Event	Mark	Place
Cougar Indoor (2/1)	60	7.40	HEP
Cougar Indoor (2/1)	60H	9.04	HEP
United Heritage Invitational (2/7)	60H	8.81	7th
Husky Classic (2/14)	60H	9.02	
Cougar Indoor (2/1)	1000	2:54.09	HEP
Cougar Indoor (2/1)	HJ	5-07.75	HEP
Cougar Indoor (2/1)	LJ	21-04.00	HEP
United Heritage Invitational (2/7)	LJ	21-10.75	9th
Cougar Indoor (2/1)	PV	11-05.75	HEP
Cougar Indoor (2/1)	SP	30-00.25	HEP
Cougar Indoor (2/1)	HEP	4,379	6th

Jermaine Wilson

Meet	Event	Mark	Place
United Heritage Invitational (2/7)	400	50.04	6th

Distance Medley Relay

Meet	Event	Mark	Place
United Heritage Invitational (2/7)	DMR	10:39.06	1st
Big Sky Championships (2/27)	DMR	10:48.00	7th

4x400 Relay

Meet	Event	Mark	Place
Cougar Indoor (2/1)	4x400	3:28.10	4th
Husky Classic (2/14)	4x400	3:19.49	
Big Sky Championships (2/28)	4x400	3:20.03	7th



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Meet	Event	Mark	Place
Cougar Indoor (2/1)	SP	45-03.50	3rd
United Heritage Invitational (2/7)	SP	45-06.50	3rd
Husky Classic (2/14)	SP	47-05.00	
Big Sky Championships (2/28)	SP	48-01.25	2nd
United Heritage Invitational (2/7)	WT	49-03.50	10th
Husky Classic (2/14)	WT	Foul	---
Big Sky Championships (2/27)	WT	Foul	---

United Heritage Invitational (2/7)	LJ	17-11.50	3rd
Husky Classic (2/14)	LJ	17-08.25	
Big Sky Championships (2/27)	LJ	18-00.25	Pent
United Heritage Invitational (2/7)	TJ	36-09.50	4th
Husky Classic (2/14)	TJ	36-07.00	
Big Sky Championships (2/28)	TJ	38-03.25	8th
Cougar Indoor (2/1)	SP	31-04.75	Pent
Big Sky Championships (2/27)	SP	35-02.50	Pent
Big Sky Championships (2/27)	Pent	3,460	6th
Cougar Indoor (2/1)	Pent	3,149	3rd

Baiba Celma

Meet	Event	Mark	Place
Cougar Indoor (2/1)	HJ	5-04.25	5th
United Heritage Invitational (2/7)	HJ	5-02.25	7th
Husky Classic (2/14)	HJ	5-02.50	
Big Sky Championships (2/27)	HJ	5-02.25	7th
Cougar Indoor (2/1)	LJ	17-04.25	5th
United Heritage Invitational (2/7)	LJ	16-11.25	9th
United Heritage Invitational (2/7)	TJ	36-11.50	2nd
Husky Classic (2/14)	TJ	38-00.25	
Big Sky Championships (2/28)	TJ	37-08.75	10th

Victoria Humphrey

Meet	Event	Mark	Place
Cougar Indoor (2/1)	60	7.79	Qual
Cougar Indoor (2/1)	60	7.87	3rd
United Heritage Invitational (2/7)	60	7.88	2nd
Cougar Indoor (2/1)	200	25.60	1st
United Heritage Invitational (2/7)	200	25.17	2nd
Husky Classic (2/14)	200	26.26	
Big Sky Championships (2/27)	200	25.21	Qual
Big Sky Championships (2/28)	200	25.46	8th
United Heritage Invitational (2/7)	400	57.87	5th
Husky Classic (2/14)	400	56.58	
Big Sky Championships (2/27)	400	57.37	Qual
Big Sky Championships (2/28)	400	56.21	3rd

Tatiana Clark

Meet	Event	Mark	Place
Cougar Indoor (2/1)	SP	41-02.50	6th
United Heritage Invitational (2/7)	SP	41-05.00	7th
Husky Classic (2/14)	SP	43-08.00	
Big Sky Championships (2/28)	SP	45-02.50	6th
United Heritage Invitational (2/7)	WT	48-10.75	11th
Husky Classic (2/14)	WT	51-09.00	

Nicole Jackson

Meet	Event	Mark	Place
Cougar Indoor (2/1)	60H	9.43	10th
United Heritage Invitational (2/7)	60H	9.36	6th
Big Sky Championships (2/27)	60H	8.99	Qual
Big Sky Championships (2/28)	60H	9.03	6th
Cougar Indoor (2/1)	400	1:01.64	20th

Chelsea Davis

Meet	Event	Mark	Place
Cougar Indoor (2/1)	400	58.48	4th

Morinsola Keshinro

Meet	Event	Mark	Place
United Heritage Invitational (2/7)	200	25.50	5th
Cougar Indoor (2/1)	400	58.65	5th
United Heritage Invitational (2/7)	400	58.23	6th
Husky Classic (2/14)	400	57.06	
Big Sky Championships (2/27)	400	58.01	12th

Monica Gomez

Meet	Event	Mark	Place
Cougar Indoor (2/1)	SP	43-11.25	4th
United Heritage Invitational (2/7)	SP	41-04.50	8th
Husky Classic (2/14)	SP	42-05.50	
Big Sky Championships (2/28)	SP	44-08.75	8th
Cougar Indoor (2/1)	WT	54-04.75	2nd
United Heritage Invitational (2/7)	WT	52-01.25	8th
Husky Classic (2/14)	WT	52-00.50	
Big Sky Championships (2/27)	WT	53-11.25	8th

Jodie Leal

Meet	Event	Mark	Place
Cougar Indoor (2/1)	800	2:22.41	8th
United Heritage Invitational (2/7)	800	2:20.97	12th
Husky Classic (2/14)	800	2:19.26	
Cougar Indoor (2/1)	Mile	5:16.13	9th

Naima Goodwin

Meet	Event	Mark	Place
Cougar Indoor (2/1)	60H	9.55	Pent
United Heritage Invitational (2/7)	60H	9.51	7th
Husky Classic (2/14)	60H	9.60	
Big Sky Championships (2/27)	60H	9.11	Pent
Cougar Indoor (2/1)	800	2:39.55	Pent
Big Sky Championships (2/27)	800	2:39.80	Pent
Cougar Indoor (2/1)	HJ	5-00.25	8th
Cougar Indoor (2/1)	HJ	4-11.75	Pent
United Heritage Invitational (2/7)	HJ	5-00.25	10th
Husky Classic (2/14)	HJ	5-00.50	
Big Sky Championships (2/27)	HJ	5-02.50	Pent
Cougar Indoor (2/1)	LJ	17-06.00	3rd
Cougar Indoor (2/1)	LJ	17-02.75	3rd

Erin Lewis

Meet	Event	Mark	Place
Cougar Indoor (2/1)	Mile	5:04.02	5th
Big Sky Championships (2/27)	Mile	5:25.79	10th



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Nicole McClure

Meet	Event	Mark	Place
Cougar Indoor (2/1)	SP	43-00.50	5th
United Heritage Invitational (2/7)	SP	40-09.75	10th
Husky Classic (2/14)	SP	39-01.00	
Big Sky Championships (2/28)	SP	44-06.00	9th
Cougar Indoor (2/1)	WT	53-04.25	4th
United Heritage Invitational (2/7)	WT	53-01.50	5th
Husky Classic (2/14)	WT	54-06.75	
Big Sky Championships (2/27)	WT	56-00.00	6th

Lora Marchini

Meet	Event	Mark	Place
Husky Classic (2/14)	800	2:17.93	
Big Sky Championships (2/27)	800	2:22.64	13th

Kaitlyne Moore

Meet	Event	Mark	Place
Cougar Indoor (2/1)	PV	10-06.00	11th
United Heritage Invitational (2/7)	PV	12-05.50	6th
Husky Classic (2/14)	PV	NH	
Big Sky Championships (2/27)	PV	11-05.75	12th

Briana Nelson

Meet	Event	Mark	Place
United Heritage Invitational (2/7)	200	25.84	11th
Husky Classic (2/14)	200	25.42	
Big Sky Championships (2/27)	200	25.19	Qual
Big Sky Championships (2/28)	200	25.10	4th
Cougar Indoor (2/1)	400	59.40	9th
United Heritage Invitational (2/7)	400	58.71	10th
Husky Classic (2/14)	400	57.40	
Big Sky Championships (2/27)	400	57.44	9th

Lizzy Norvell

Meet	Event	Mark	Place
United Heritage Invitational (2/7)	PV	NH	---
Husky Classic (2/14)	PV	12-00.00	
Big Sky Championships (2/27)	PV	12-05.50	3rd

Jessica Pimentel

Meet	Event	Mark	Place
Cougar Indoor (2/1)	60	8.27	Qual
Cougar Indoor (2/1)	60	8.26	
United Heritage Invitational (2/7)	LJ	15-05.50	16th
Cougar Indoor (2/1)	PV	10-00.00	14th
United Heritage Invitational (2/7)	PV	NH	---
Husky Classic (2/14)	PV	NH	---

Renisha Robinson

Meet	Event	Mark	Place
United Heritage Invitational (2/7)	800	2:10.82	1st
Husky Classic (2/14)	800	2:09.67	
Big Sky Championships (2/27)	800	2:14.51	Qual
Big Sky Championships (2/28)	800	2:08.64	1st
Cougar Indoor (2/1)	Mile	4:58.02	1st

Erica Sahli

Meet	Event	Mark	Place
Cougar Indoor (2/1)	3K	10:32.01	7th
Husky Classic (2/14)	3K	10:02.62	
Big Sky Championships (2/27)	3K	10:54.61	9th
Big Sky Championships (2/28)	5K	19:13.43	11th

Brittany Thomas

Meet	Event	Mark	Place
Cougar Indoor (2/1)	200	27.46	12th
Cougar Indoor (2/1)	400	1:00.95	17th

Erica Violet

Meet	Event	Mark	Place
Cougar Indoor (2/1)	60H	8.80	Qual
Cougar Indoor (2/1)	60H	8.76	5th
Husky Classic (2/14)	60H	8.78	Qual
Husky Classic (2/14)	60H	8.66	
Big Sky Championships (2/27)	60H	8.77	Qual
Big Sky Championships (2/28)	60H	8.56	1st
Cougar Indoor (2/1)	LJ	19-00.00	1st
United Heritage Invitational (2/7)	LJ	19-02.00	2nd
Husky Classic (2/14)	LJ	20-00.25	2nd
Big Sky Championships (2/27)	LJ	20-00.25	1st
United Heritage Invitational (2/7)	60H	8.70	2nd
Cougar Indoor (2/1)	TJ	38-11.00	1st
United Heritage Invitational (2/7)	TJ	39-09.75	1st
Big Sky Championships (2/28)	TJ	41-03.00	1st
Cougar Indoor (2/1)	PV	NH	---
United Heritage Invitational (2/7)	PV	12-11.50	1st
Husky Classic (2/14)	PV	12-11.75	
Big Sky Championships (2/27)	PV	12-05.50	3rd

Mary Wagner

Meet	Event	Mark	Place
Cougar Indoor (2/1)	800	2:21.36	7th
United Heritage Invitational (2/7)	800	2:25.38	
Husky Classic (2/14)	800	2:18.32	
Big Sky Championships (2/27)	800	2:29.60	16th

Lea Wallace

Meet	Event	Mark	Place
United Heritage Invitational (2/7)	800	2:13.07	3rd
Husky Classic (2/14)	800	2:13.50	
Big Sky Championships (2/27)	800	2:16.93	Qual
Big Sky Championships (2/28)	800	2:13.26	2nd

Natalia Wright

Meet	Event	Mark	Place
United Heritage Invitational (2/7)	60	8.25	T7th
Cougar Indoor (2/1)	LJ	17-05.25	4th
United Heritage Invitational (2/7)	LJ	17-08.75	4th
Husky Classic (2/14)	LJ	18-00.50	
Big Sky Championships (2/27)	LJ	17-09.75	11th
United Heritage Invitational (2/7)	TJ	36-09.75	3rd
Husky Classic (2/14)	TJ	38-09.50	
Big Sky Championships (2/28)	TJ	39-03.75	



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Distance Medley Relay

Meet	Event	Mark	Place
United Heritage Invitational (2/7)	DMR	12:10.29	1st
Big Sky Championships (2/27)	DMR	12:44.28	6th

4x400 Relay

Meet	Event	Mark	Place
Cougar Indoor (2/1)	4x400	3:58.41	2nd
United Heritage Invitational (2/7)	4x400	3:53.09	4th
Big Sky Championships (2/28)	4x400	3:48.99	2nd