

SACRAMENTO STATE SOFTBALL CLINICS FOR GIRLS

PROSPECT CLINIC (ages 14-18)

Saturday, Jan. 28, 2012: 10 a.m. – 2 p.m.

** Enrollment limited to 40 participants

CLINIC DESCRIPTIONS

The clinic focuses on advanced individual and team skills and concepts. This clinic is also designed to provide players the opportunity to be instructed by, and play in front of, the Sacramento State coaching staff while also seeing our state-of-the-art facility and the rest of campus. These clinics do not include pitching and catching instruction.

FEES

Early-Bird Discount Fee: \$75

(Registration must be received one week prior to clinic date)

Walk-Up Registration Fee: \$85

(Registration received day of clinic)

WHAT TO BRING

Softball gear (label all belongings), appropriate attire for weather conditions, snacks and drinks.

Weather Information: In case of inclement weather, please call (916) 278-5376 on the morning of the clinic for field conditions and instructions.

All Sacramento State clinics/camps are open to any and all entrants per NCAA rules, but are limited as noted by number, age, grade level and/or gender.

LOCATION/DIRECTIONS

The clinic will be held at the softball field at Sacramento State near Highway 50. **Eastbound 50:** Exit at Power Inn Road/Howe Ave. Left at College Town Dr. and around campus. **Westbound 50:** Exit at Howe Ave. Go straight ahead on College Town Dr. and around campus. The softball field is on the other side of the tennis courts.

PARKING

You will need to purchase a daily parking permit if you intend to stay and watch the clinic. You can purchase a \$6 parking permit at any Information Booth or on the 5th floor of the parking structure located next to the softball field.

INSURANCE

Sacramento State purchases secondary excess accidental medical coverage, in the amount of \$25,000 for all individual clinic participants. There is a deductible which shall be the parent's responsibility. In addition, all campers must have primary insurance coverage. Teams must also provide a certificate of insurance. Please be sure to read the attached liability release and medical treatment authorization form and provide all information requested. The parent/ legal guardian must sign the liability release form and medical treatment authorization before any child can participate.

COACHING STAFF

The clinic will be run by Sacramento State's coaching staff, including head coach Kathy Strahan, associate head coach Cara Hoyt and assistant coach Lori Perez. Brief bios of each coach can be found on the next page.

REFUND POLICY

In case of an emergency, participants may request a refund of their registration fee. If the request is made at least seven (7) days prior to the start of a camp session, there shall be no penalty fee. There will be a \$20.00 fee for checks returned by bank. Stopped payments do not constitute a refund. Refunds must be requested.

MORE INFORMATION

Any questions, please email lori.perez@csus.edu or call the Sacramento State softball office at (916) 278-5376.

Please make check payable to SACRAMENTO SOFTBALL CLINICS and mail to:
Hornet Softball Clinics for Girls, Sacramento State Athletics, 6000 J Street, Sacramento, CA 95819-6099

Contact E-Mail Address:

School Playing Exp.:

Parent Name:

Hm. Phone: ()

Wk. Phone: ()

Address:

Cell Phone: ()

City:

City:

Zip:

Name:

Age:

Informed Consent, Liability Release and Medical Treatment Authorization

I request that my child (identified on this form) be permitted to participate in the identified sport/athletic Clinic activity and agree to the following: I understand and agree that my child's participation in this activity may expose him/her to risks of injury or death. The risks include but are not limited to **death, injury, serious neck and spinal injuries, paralysis, brain damage, injury to vital organs, bones, joints, muscles and tendons.** I will counsel my child so he/she understands that it is important for his/her safety and the safety of others, to follow all instructions of the Clinic coaches and staff. I agree that I am responsible for my child's conduct while he/she is at camp.

In consideration for my child's participation in this activity, on behalf of myself and my child, I release, discharge and hold harmless the Clinic, State of California (State), California State University, Sacramento (CSUS), the California State University (CSU), its Trustees, officers, coaches, volunteers, employees and agents **from all liability, claims, costs, and expense**, arising out of these activities which may result in injury or illness to my child. I also agree to defend and indemnify the Clinic, State of California (State), California State University Sacramento (CSUS), its Trustees, officers, coaches, volunteers, employees and agents.

I am the parent/legal guardian of the child. I further agree that the Clinic Staff and the CSUS are **authorized to obtain and authorize emergency medical treatment** for my child, up to and including emergency hospitalization and surgery. I agree to be personally responsible for any related medical expenses. On behalf of my child, and myself I further release the Clinic, State, CSUS, CSU and any medical provider of emergency treatment to my child for any related liability. A copy of this agreement shall suffice as original.

Health Insurance Company: _____

Policy Number: _____

Child's Name: _____

Parent/Legal Guardian Name: _____

Parent Phone: _____

Employer: _____

Signed: _____

Parent/Legal Guardian

Date: _____

SACRAMENTO STATE COACHING STAFF



HEAD COACH KATHY STRAHAN

The winningest softball coach in Sacramento State history, Kathy Strahan will enter her 20th season at the Hornets' head coach in 2012. With 28 years of head coaching experience under her belt, Strahan has accumulated 774 career victories and ranks among the top 20 active Div. I head coaches in wins. Under Strahan's guidance, the Hornets have advanced to the NCAA Regionals three times, and the program has won 28 or more games six times in the last nine years. The Hornets have yet to finish below the .500 mark in conference play since joining the Pacific Coast Softball Conference in 2003, and are 109-67 in PCSC play over that span. During the 2011 season, despite starting at least six underclassmen (freshmen and sophomores) in every game, the Hornets reached the 20-win plateau and finished with a 12-8 record in conference. Seven players received all-league recognition after the season, including first teamers Megan Schaefer, Emily McCormick and Devin Caldwell. A holder of two degrees in physical education, Strahan was a 2001 inductee into the Greater Lansing Sports Hall of Fame and a 1995 inductee into the Michigan ASA Hall of Fame. While playing amateur ball, Strahan won three national championships (1977-78, '80) with the ASA Raybestos Brakettes. She is also the author of a 224-page book entitled, Coaching Girls Softball, which details how to coach softball to girls.



ASSOCIATE HEAD COACH CARA HOYT

Associate head coach Cara Hoyt will begin her seventh season on the Hornets' coaching staff in 2012. She serves as both the Hornets' hitting and outfield coach, as well as the team's recruiting coordinator and third-base coach. Since her arrival, Sacramento State's offensive production has made dramatic improvements under Hoyt's watchful eye. During her six-year tenure with the team, Sacramento State has set single-season team records in batting average (.311), on-base percentage (.371), slugging percentage (.443), hits (461), runs (293), home runs (34), doubles (79), RBIs (261) and total bases (656). Including a program-record 34 home runs in both 2008 and 2009, and 33 more in 2010, the Hornets have combined to hit 176 round trippers during Hoyt's six-year tenure (average of 29.3 per season), after never hitting more than 16 in any year prior to Hoyt's arrival. In fact, Hoyt has guided the Hornets' offense to its six most prolific years in program history. Prior to her arrival at Sacramento State, she spent four years as the head coach at Cal State East Bay where she posted a 97-47-2 record (.671 winning percentage).



ASSISTANT COACH LORI PEREZ

Former Sacramento State softball star Lori Perez will begin her eighth season on the Hornets' coaching staff in 2012. A team captain and all-conference selection during her playing days, she serves as the team's pitching coach and first base coach while also working with the catchers, and assisting with recruiting. Since Perez became the team's pitching coach in 2005, Hornet pitchers have accounted for 12 all-conference selections, including at least one every season. In 2011, under Perez's tutelage, pitcher Megan Schaefer was named to the first team while pitcher Shelby Voelz and Taylor Stroud both received honorable mention honors. All three pitchers posted sub-2.80 ERAs during the year. A four-year starter for Sacramento State from 1999-2002, Perez appeared in 196 games (including 190 starts) at second base, shortstop and third base.

**RELEASE OF LIABILITY, WAIVER OF RIGHT TO SUE, ASSUMPTION OF RISK
AND AGREEMENT TO PAY CLAIMS**

Prospect Clinic – Jan. 28, 2012; 10 a.m. – 2 p.m. at the Sacramento State softball field

Hazards to be aware of: Risk of physical injury may include being hit by a thrown or batted ball, falling while running, etc.

Hazard mitigation (how to prepare for a safe activity): Please come prepared for throwing, fielding and hitting softballs. Follow coaches' instructions and warm up as instructed for all activity.

In consideration for being allowed to participate in this Activity, I **release from liability and waive my right to sue** the State of California, the Trustees of the California State University, which own and operate California State University, Sacramento and their employees, officers, volunteers and agents (collectively "University") from any and all claims, **including the University's negligence**, resulting in any physical injury, illness (including death) or economic loss that I may suffer because of my participation in this Activity, including any travel to and from the Activity.

I am voluntarily participating in this Activity. I understand that there are risks, such as physical and/or psychological injury, pain, suffering, illness, disfigurement, temporary or permanent disability or even death, which may occur from my participation in this Activity. These injuries or outcomes may arise from my own or other's actions, inactions, negligence, or from the condition of the Activity location(s) or facility(ies). **Nonetheless, I assume all related risks, whether known or unknown to me, of my participation in this Activity, including travel to and from the Activity.**

I agree to **hold** the University **harmless from any and all claims, loss or damage to my personal property, liabilities and costs, including attorney's fees**, as a result of my participation in this Activity, including travel to and from the Activity. If the University incurs any of these types of expenses, I agree to reimburse the University.

If I need medical treatment, the University is authorized to obtain medical treatment for me. I will be financially responsible for any costs of such treatment. I agree that I will not hold the University responsible for any claims resulting from any medical treatment. I am aware that the University does not provide health insurance for me and I should carry my own health insurance.

I am 18 years or older. I have read this document, and I am signing it freely. **I understand the legal consequences of signing this document, including (a) releasing the University from all liability, (b) waiver of my right to sue the University, (c) and assumption of all risks of participating in this Activity, including travel to and from the Activity.**

I understand that this document is written to be as broad and inclusive as legally permitted by the State of California. I agree that if any portion is held invalid or unenforceable, I will continue to be bound by the remaining terms.

Participant Name: _____ Date: _____

Signature: _____

If Participant is under 18 years of age:

I am the parent or legal guardian of the Participant. I have read this two-page document, and I am signing it freely. **I understand the legal consequences of signing this document, including (a) release of University from all liability on my and the Participant's behalf, (b) waiver of my and the Participants' right to sue, (c) and assumption of all risks of the Participant's participation in this Activity, including travel to and from the Activity.** I allow Participant to participate in this Activity. I understand that I am responsible for the obligations and acts of Participant as described in this document. I agree to be bound by the terms of this document.

Signature of Minor Participant's Parent/Guardian Date

Minor Participant's Name