Mountain Pacific Sports Federation
Men's Soccer

SPORTS UPDATE

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2010 MOUNTAIN PACIFIC SPORTS FEDERATION MEN'S SOCCER ALL-MPSF SELECTIONS

2010 MPSF Player of the Year

JESUS SANCHEZ • #10 • Sophomore • Midfield • Cal State Bakersfield

Jesus Sanchez • #10 • Sophomore • MF •CS Bakersfield •Chula Vista, CA
After leading Cal State Bakersfield to a freshman record seven assists in 2009, sophomore central midfielder Jesus Sanchez became a gifted playmaker and goal-scorer in 2010, with team-highs of eight goals and 18 points. Each of those numbers ranked him second in the MPSF regular season, while they are also all-time Roadrunner records on the NCAA Division I level. Sanchez also knocked home a conference-high four game-winning goals this year. "Chuy has scored important goals and without a doubt controlled games with his intelligence and creative passing," said Coach Simon Tobin.

2010 MPSF Newcomer of the Year

GYASI ZARDES • #9 • RS Freshman • Forward • Cal State Bakersfield

Gyasi Zardes • # 9 • RS Freshman • F • CS Bakersfield • Hawthorne, CA
Redshirt freshman forward Gyasi Zardes led the Roadrunners and ranked second in the MPSF in assists (6) and assists per game (0.35) in helping the team capture a Pacific Division Championship and No. 2 overall tournament seed. He also ranked sixth in the conference in points (12) and points per game (0.71). With his blazing speed and strength, Zardes scored several highlight reel goals this year, including one in the season-opener to beat then No. 8 UC Santa Barbara. "He is capable of playing at the highest level and has led the forward line exceptionally for CSUB," said Coach Tobin.

2010 MPSF Coach of the Year

SIMON TOBIN • 24TH YEAR • Cal State Bakersfield

Simon Tobin • Head Coach • 23rd Year • CS Bakersfield
Simon Tobin led the Roadrunners to a Pacific Division Title in the MPSF, and second-highest point total in the conference (18), a two-spot improvement from last year's fourth-place finish. CS Bakersfield posted a 10-5-3 overall record in the regular season, along with a 5-2-3 record in MPSF play, two wins better overall and in the conference from 2009. The Roadrunners were unbeaten in seven straight conference games in the month of October. Tobin has previously earned coach of the year honors five times on the Division II level.

ALL-MPSF 1ST-TEAM

Student-Athlete	No.	Year	Position	School	Hometown/Last School
Jesus Sanchez	10	Sophomore	Midfield	CS Bakersfield	Chula Vista, CA/Castle Park HS
Joe Willis	1	RS Senior	Goalkeeper	Denver	St. Louis, MO/Chaminade HS
Lance Rozeboom	17	Junior	Midfield	New Mexico	Walker, IA/Xavier HS
Jarod Stigall	21	Junior	Midfield	Denver	Plano, TX/Plano West Senior HS
Ernesto Carranza	10	Senior	Midfield	Sacramento State	Oakdale, CA/Oakdale HS
Fernando Cabadas	6	Senior	Midfield	Sacramento State	Sacramento, CA/Johnson HS
Kevin Durr	13	Sophomore	Midfield	Air Force	Garmisch, Germany/Munich Int'l
Josh Boemecke	18	Senior	Forward	San Jose State	O'Fallon, IL/St. Louis University
Gyasi Zardes	9	RS Freshman	Forward	CS Bakersfield	Hawthorne, CA/Leuzinger HS
Stephen Sifuentes	14	Senior	Forward	UNLV	Fresno, CA/Sunnyside HS
Nick Marshall	4	Sophomore	Forward	UNLV	Tucson, AZ/Canyon Del Oro HS

ALL-MPSF 2nd-TEAM

Kellan Christensen	3	Junior	Forward	Denver	Layton, UT/Layton HS
Alex Tarnoczi	9	Sophomore	Forward	Denver	Castle Rock, CO/Rock Canyon HS
Mark Weigand	18	Sophomore	Midfield	Denver	Fort Wayne, IN/Northrop HS
Alberto Navarro	15	Senior	Defender	CS Bakersfield	Delano, CA/Delano HS
Eric Shannon	1	Sophomore	Goalkeeper	CS Bakersfield	Valencia, CA/Valencia HS
David Murphy	5	Senior	Defender	New Mexico	Grapevine, TX/Wake Forest
Michael Reed	10	Senior	Defender	New Mexico	Albuquerque, NM/Sandia HS
Zane Dydasco	5	Sophomore	Forward	Air Force	Honolulu, HI/USAFA Prep
Eric Wilson	20	Junior	Defender	Air Force	Monument, CO/Lewis-Palmer HS
Diego Marroquin	2	Senior	Defender	Sacramento State	Petaluma, CA/Santa Rosa JC
Jonny Espinoza	7	Sophomore	Midfield	UNLV	Carlsbad, CA/La Costa Canyon HS
Sean Morris	4	Senior	Midfield	Seattle	Bothell, WA/Blanchet HS
Sam Hodgson	6	Freshman	Midfield	San Jose State	Bishop Auckland, England/Wolsingham

ALL-MPSF HONORABLE MENTION

Drew Beckie	2	Sophomore	Defender	Denver	Highlands Ranch, CO/Arapahoe HS
Matt Kirby	20	Junior	Midfield	Denver	Beaumont, TX/Kelly Catholic
Blake Shannon	11	Sophomore	Defender	Denver	Houston, TX/Kingwood HS
Kory Kindle	11	Sophomore	Defender	CS Bakersfield	Ventura, CA/Ventura HS
Wayne Lampart	18	Senior	Defender	CS Bakersfield	San Diego, CA/Steel Canyon HS
Michael Green	15	Junior	Forward	New Mexico	Strongsville, OH/Strongsville HS
Justin Holmes	0	Sophomore	Goalkeeper	New Mexico	Elkhart, IN/Elkhart Central HS
Jon Tilton	6	Senior	Defender	Air Force	Arlington, WA/Arlington HS
Matt Underwood	1	Sophomore	Goalkeeper	Air Force	Colleyville, TX/USAFA Prep
Rory O'Day	3	Junior	Defender	Sacramento State	Santa Rosa, CA/Santa Rosa JC
Mike Mota	3	Sophomore	Defender	UNLV	Las Vegas, NV/Chaparral HS
Kyle Peterman	13	Junior	Defender	Seattle	Boise, ID/Centennial HS
Nick Murphy	3	Sophomore	Defender	San Jose State	San Francisco, CA/Lowell HS