

**HEAD COACH
MARSHALL SPERBECK**



Marshall Sperbeck is entering his third season as the Hornets' head football coach.

Sperbeck's transformation of the program began to show in 2008 when the team posted the second most victories in the school's Div. I-AA/FCS era.

Sacramento State also set team records on both sides of the ball and had three players named first team all-Big Sky.

The Hornet offense was sparked by wide receiver Tony Washington who set a school record with 83 receptions and was named third team All-America. In all, 12 Sacramento State players earned all-conference accolades, raising the total to 25 during Sperbeck's tenure. Sperbeck has also coached three All-Americans during his time with the Hornets including linebacker Cyrus Multalo who earned the honor in 2007 and 2008.

Prior to coming to the Hornets, Sperbeck was the head football coach at Foothill College in Los Altos, Calif., for 15 years. During that span, his teams produced a 109-53 overall record and advanced to 11 bowl games. During his final year, the Owls were 10-1 and tied for the Northern California Football Association title.

A native of Sacramento, Sperbeck graduated from Valley High School. He later played at the University of Nevada from 1981-82.



An Invitation

I would like to personally invite you to attend our inaugural Rising Stars Camp. This camp is designed for high-caliber players who are entering the 11th and 12th grades and have the desire to play at the college level. This camp will not only give students the opportunity to compete against other top-level players from Northern California, it will provide them with one-on-one and team instruction from college coaches. We will also work on educating campers on the college recruiting process, the NCAA and Sacramento State eligibility requirements, and what is necessary to compete at the college level.

Marshall Sperbeck

HORNET COACHING STAFF



Lou Baiz
Linebackers



Daniel DaPrato
Receivers



Aaron Ingram
Running Backs



Jon Osterhout
Defensive Line



Anthony Parker
Defensive Backs



Jeff Remington
Offensive Line



Steve Roberson
Defensive Backs



Will Kofe
Defensive Asst.



**SACRAMENTO STATE
FOOTBALL**

**Rising Stars
Camp**



**Coached By
College Coaches**

June 19, 2009

Camp Description

The Rising Stars camp is designed for players capable of competing at the college football level. The individuals are invited to take the opportunity to learn from Sacramento State coaches while training against one another. This camp is designed for older, advanced players and is fast-paced, highly competitive and full-contact. Players will be taught individual technique and will also participate in numerous one-on-one and group competitions. Campers will also learn about the college recruiting process, the NCAA and Sacramento State eligibility requirements and how to prepare for their collegiate careers.

Age Groups

Athletes entering the 11th and 12th grades are eligible to participate.

Equipment Needed

Each camper must provide a properly fitted helmet with chin strap and mouth piece, shoulder pads with practice jersey, pants with thigh pads, knee pads and belt, girdle with tail and hip pads, and cleats.

Insurance

Sacramento State Athletics purchases secondary excess accidental medical coverage, in the amount of \$25,000, for all individual camp participants. There is a deductible (\$100) which shall be the parent's responsibility. In addition, all campers must have primary insurance coverage. Teams must provide a certificate of insurance endorsed as follows: "The State of California, The Trustees of the California State University (CSU), California State University, Sacramento (CSUS), their officers, representatives, agents, employees and volunteers are additional insureds."

Please be sure to read the attached liability release and medical treatment authorization form and provide all information requested. Both the parent/legal guardian and camper must sign the liability release and medical treatment authorization form.

Refund Policy

In case of an emergency, students may request a refund of their registration fee. If the request is made at least seven days prior to the start of a camp session, there shall be no penalty fee. Requests made less than seven days prior to the start of a session will incur a \$15 charge.

There will be a \$20 fee for checks returned by bank. Stopped payments do not constitute a refund. Refunds must be requested.

Camp Schedule

Friday, June 19

9-10 a.m.	Check-In (Broad Fieldhouse)
10:15 a.m.	Introduction
10:30 a.m.	Early Outs
10:45 a.m.	Stretch
11:05 a.m.	Tempo Drill
11:10 a.m.	Individual Drills
11:30 a.m.	Install
11:45 a.m.	Field Circuit
12 p.m.	1-on-1
12:15 p.m.	7-on-7
12:30 p.m.	Lunch
1 p.m.	Motivational Speaker
2 p.m.	Early Outs
2:15 p.m.	Stretch
2:30 p.m.	Tempo Drill
2:40 p.m.	Individual Drills
3 p.m.	Install
3:15 p.m.	Field Circuit
3:30 p.m.	1-on-1
3:45 p.m.	7-on-7/Team
4 p.m.	Camp Dismissed



SACRAMENTO STATE
FOOTBALL

Camp Application

(Clip this section and mail with your check)

Name: _____

Age: _____

High School: _____

Ht: _____ Wt: _____ Pos: _____

GPA: _____ Graduation Year: _____

Home Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

E-Mail Address: _____

Camp Costs

The Rising Stars Camp is \$30 per camper.

Application Deadline:

Open until filled

Mail Applications to:

Sacramento State Youth Football Camp
6000 J Street
Sacramento, CA 95819-6099

Please Make Checks Payable to:

Sacramento State Football Camp

Further Questions: (916) 278-7053

Informed Consent, Liability Release and Medical Treatment Authorization

I request that my child (identified on this form) be permitted to participate in the identified sport/athletic Camp activity and agree to the following: I understand and agree that my child's participation in this activity may expose him/her to risks of injury or death. The risks include but are not limited to death, injury, serious neck and spinal injuries, paralysis, brain damage, injury to vital organs, bones, joints, muscles and tendons. I will counsel my child so he/she understands that it is important for his/her safety and the safety of others, to follow all instructions of the Camp coaches and staff. I agree that I am responsible for my child's conduct while he/she is at camp.

In consideration for my child's participation in this activity, on behalf of myself and my child, I release, discharge and hold harmless the Camp, State of California (State), California State University, Sacramento (CSUS), the California State University (CSU), its Trustees, officers, coaches, volunteers, employees and agents from all liability, claims, costs, and expense, arising out of these activities which may result in injury or illness to my child. I also agree to defend and indemnify the Camp, State of California (State), California State University, Sacramento (CSUS), and its Trustees, officers, coaches, volunteers, employees and agents.

I am the parent/legal guardian of the child. I further agree that the Camp Staff and CSUS are authorized to obtain and authorize emergency medical treatment for my child, up to and including emergency hospitalization and surgery. I agree to be personally responsible for any related medical expenses. On behalf of my child, and myself I further release the Camp, State, CSUS, CSU and any medical provider of emergency treatment to my child for any related liability. A copy of this agreement shall suffice as original.

Health Insurance Company: _____

Policy Number: _____

Child's Name: _____

Parent/Legal Guardian Name: _____

Parent Phone: _____

Employer: _____

Signed: _____

Parent/Legal Guardian

Date: _____