

HORNET HEADLINES



November 2011

Recruiting Calendar

Baseball

Nov. 1-6: Contact
Nov. 7-10: Dead
Nov. 11-30: Quiet

M/W Basketball

Nov. 1-6: Eval
Nov. 7-10: Dead
Nov. 11-30: Eval

Football

Nov. 1-26: Eval
Nov. 27-30: Contact

Softball

Nov. 1-6: Contact
Nov. 7-10: Dead
Nov. 11-23: Contact
Nov. 24-29: Quiet
Nov. 30: Dead

Track/Cross Country

Nov. 1-20: Contact
Nov. 21: Dead
Nov. 22-30: Contact

Volleyball

Nov. 1-6: Contact
Nov. 7-10: Dead
Nov. 11-30: Contact

All Other Sports

(except M/W Soccer)

Nov. 7-10: Dead

NATIONAL LETTER OF INTENT REMINDERS

The NLI Early Signing Period for 11/12 (for PSA's enrolling 12/13) is November 9-16

REMINDER: A PSA remains a prospect following the signing of a National Letter of Intent. Thus, NLI signees should continue to be treated as prospects unless an exception applies.

NLI/GIA Request Process:

- Submit the GIA Initial Request Form to the compliance office.
- If the PSA has not been evaluated by Shannon Hall, you will need to also submit copies of transcripts and test scores for review.

NLI Signing Rules:

- Coaches may make unlimited telephone calls to a PSA on the initial date for the NLI signing period and the two days immediately following that date.
- Beginning the day after the prospect signs the NLI, coaches may make unlimited contacts and phone calls to the signee. However, dead period restrictions continue to apply.
- The day after a PSA signs a NLI, there is no limit on electronic correspondence.
- A coach may not be present when a prospect signs an NLI off campus.

NLI Delivery:

- In-person, off-campus delivery of an NLI by an institutional staff member is prohibited.
- A letter of intent may be delivered by express mail, courier service, regular mail, email or fax.
- The letter may be picked up by a PSA on an unofficial or official visit. They can also sign the letter while on campus, but no media can be present.

NLI Publicity Regulations:

- Prior to signing a letter of intent or written offer of admissions/financial aid, you may only confirm with the media, sponsors or boosters that Sacramento State is recruiting a particular PSA.
- After the Compliance Office has confirmed a valid NLI/offer of aid has been received, you may comment on the PSA's athletic ability and contributions to your program.



November - Official Vacation Period/CARA Restrictions

17.1.6.2.1.1 - Sports Other than Championship Subdivision Football.

In sports other than championship subdivision football, a student-athlete may not participate in any countable athletically related activities outside the playing season during any institutional vacation period and/or summer. Strength and conditioning coaches who are not countable coaches and who perform such duties on a department-wide basis may design and conduct specific workout programs for student-athletes, provided such workouts are voluntary and conducted at the request of the student-athlete.

TEAMS LISTED ARE NOT PERMITTED TO PARTICIPATE IN REQUIRED CARA ON THE FOLLOWING DATES:

VETERANS DAY, NOVEMBER 11

Baseball
Men's and Women's Golf
Men's and Women's Tennis
Softball

THANKSGIVING BREAK, NOV 24-27

Baseball, Football
Rowing, Softball
Men's and Women's Golf
Men's and Women's Tennis
Men's and Women's Soccer

NOTEWORTHY DATES:

Oct. 31 - Nov.4:
CMS Student Center is unavailable

November 4:
CARA and Recruiting Logs due to YSM 122

November 9:
Coaches Compliance Meeting - Broad

Nov. 9 - Nov. 16:
NLI Early Signing

November 11:
Veterans Day
Campus Closed

Nov. 24 - 27:
Thanksgiving Holiday
Campus Closed

November 28:
Priority Registration for Spring 12

November 30:
Priority filing deadline for Fall 12 Admission
www.csumentor.edu

NCAA HOT TOPICS

Initial & Transfer Eligibility:

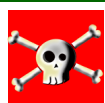
- Increased standards for gpa & test scores.
- Increased standards to be eligible for practice & competition.
- Changes to transferrable units & academic readiness.

Cost of Attendance & Financial Aid

- Athletes will be eligible for up to \$2,000 over a full GIA.
- Institutions will be permitted to offer multiyear scholarships.
- Changes to countable aid.
- Required minimum aid amount in equivalency sports.

APR & Post-Season Play

- A minimum of a 930 APR to participate in post-season play.
- The transition will occur over a three-year period.
- A new, three-level Academic Performance Program penalty structure was enacted.



DEAD PERIOD REMINDERS



NO in-person recruiting contacts or evals

NO official or unofficial visits for PSA's

NO attending or speaking at banquets/events where PSA's are present (coaches)

YES phone calls to PSA's are permissible

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Sacramento State Compliance

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Useless Knowledge

Octopush is competitive underwater hockey played in South Africa.

Deion Sanders was the first athlete to rap at a Pro Bowl musical gala (1995)

Golf balls with a number higher than 4 are bad luck

