



HORNET HEADLINES

December 2011

Recruiting Calendar

Baseball

Dec. 1-31: Quiet

M/W Basketball

Dec. 1-23: Eval

Dec. 24-26: Dead

Dec. 27-31 Eval

Football

Dec. 1-17: Contact

Dec. 18: Quiet

Dec. 19-31: Dead

Softball

Dec. 1-3: Dead

Dec. 4-31: Quiet

Track/Cross Country

Dec. 1-11: Contact

Dec. 12-15: Dead

Dec. 16-31: Quiet

Volleyball

Dec. 1-4: Contact

Dec. 5-13: Quiet

Dec. 14-31: Dead

All Other Sports

Dec. 1-31: Contact

Holiday Break - FAQ's

Q: During the vacation period, do I have unlimited hours to train my student-athletes?

A: Only if you are in your declared playing and practice season. However, if your sport is out of season, coaches are not allowed to work with student-athletes during the winter break. *Refer to your sport-specific CARA chart for dates. Strength and conditioning workouts are permitted so long as they are voluntary and conducted at the request of the student-athlete.

Q: Can I have my team over to my house for a Holiday Party?

A: Yes, a student-athlete or the entire team in a sport may receive an occasional meal in the locale of the institution on infrequent and special occasions from an institutional staff member. Be sure to complete the Occasional Meal request form and receive prior approval from the Compliance Office.

Q: If my team is required to be here over the break for practice, can I give them meal money?

A: Student-athletes who are required to remain on campus for practice sessions and competition during the break may be provided the cost of room and board. If a meal is not provided, a cash allowance may be provided, not to exceed our institutional limits of \$5, \$8 and \$12 respectively. If the student-athlete lives at home during the break, the cost of room and board may not be provided, but they can participate in team meals incidental to practice and competition.

Q: Can my student-athletes participate in a tournament fundraiser over winter break?

A: In sports other than basketball, a student-athlete may compete as a member of an outside team in any non-collegiate, amateur competition during a vacation period as long as it is outside of their declared playing and practice season. There are restrictions on the number of student-athletes from our institution that can be on a team, so please have the student-athletes check with the Compliance Office prior to engaging in outside competition.

Q: Can I give gifts to my student-athletes or participate in a gift exchange with them?

A: No. The holiday is not exempt from extra benefit bylaws. It is impermissible to provide holiday gifts to student-athletes.

Holiday Card Reminders

“Holiday cards” sent to PSA’s must meet the same rules that govern recruiting materials:

- It is permissible to send an institutional note card provided it includes only the institution’s name and logo on one side and only a handwritten greeting on the other side.
- It is permissible to send a holiday greeting via email provided no attachment is created for recruiting purposes.
- It is not permissible to send a “greeting card” purchased at a store.

***Holiday cards sent to Boosters do not have restrictions.**



Dead Week & Finals Reminder

All sports, other than football, who are out of season are required to stop CARA activities one week prior to the beginning of finals and through finals. Teams out of season are not permitted to have required workout activities Monday, December 3rd through the end of finals Friday, December 16th.

Travel Reminders — Expenses for Practice and Competition

An institution may provide actual and necessary travel expenses (e.g., transportation, lodging and meals) to a student-athlete for participation in athletics competition, provided:

- The student-athlete is representing the institution (competes in the uniform of the institution) and;
- Is eligible for intercollegiate competition.

An eligible student-athlete may receive actual and necessary travel expenses to represent the institution in athletics competition, provided the student-athlete departs for the competition no earlier than 48 hours prior to the start of the actual competition and remains no more than 36 hours following the conclusion of the actual competition even if the student-athlete does not return with the team.

* For exceptions pertaining to travel during the vacation period, travel to Hawaii/Alaska and travel to NCAA championship events, please see the Compliance Office or refer to Bylaw 16.8.1.2.1.1

Meals

Home Competition	Away-from-Home Competition	Anytime
<p>All SA's may receive meals beginning with the evening before competition and continuing until they are released by coaches. An institution shall NOT provide cash in lieu of meals during this time.</p> <p>Once the SA's are released, you can provide a meal or cash (up to \$15). *Bylaw 16.5.2</p>	<p>All SA's may receive a pre-game or postgame meal in addition to regular meals. Cash (up to \$15) may be provided in lieu of a postgame meal, OR</p> <p>All SA's can receive meals at the institutions discretion from the time the team is required to report for team travel until the team returns to campus.</p>	<p>An institution may provide fruit, nuts and bagels to student-athletes anytime.</p> <p>An institution may provide permissible nutritional supplements: carbohydrate/ electrolyte drinks, energy bars, vitamins and minerals.</p> <p>*Bylaw 16.5.2</p>



Can boosters, coaches, and athletic department staff give graduation gifts to SA's?

Award limitations apply to enrolled student-athletes who have exhausted their collegiate athletics eligibility. An institution shall be held responsible through the NCAA's enforcement procedures for the provision of improper awards to graduation seniors by the institution or its booster organizations. Awards to graduating seniors may not include cash, gift cards, a cash-equivalent award (an item that is negotiable for cash or trade or other services, benefits or merchandise) for athletics participation, or country club or sports club membership.

*Bylaw 16.1.1.4

Compliance Office Staff

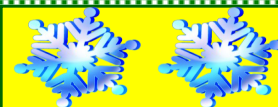
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Holiday Humor

If an athlete gets athlete's foot, what does an astronaut get?

Missile Toe!



NOTEWORTHY DATES:

December 1:

Winter break and spring break housing list due to Peggy Luers

December 3:

Dead Week begins for all out-of-season sports (except football)

December 5-23:

Scheduled time frame for move to new Athletic Center. *Potential for limited services

December 6:

CARA and Recruiting Logs due to YSM 122

December 9:

Last day of instruction

December 10:

Final exams begin

December 15:

Staff party hosted by Dr. Wanless

December 16:

Residence Halls close for Winter Break

December 17:

Commencement

Dec 19 - Jan 20:

Winter Recess (students)

Dec 26 - Jan 2:

Compliance and SARC Offices closed

